

best true crime podcasts to binge

The Ultimate Guide to the Best True Crime Podcasts to Binge

best true crime podcasts to binge are a captivating cornerstone of modern audio entertainment, drawing listeners into the intricate narratives of real-life mysteries, investigations, and justice. From chilling cold cases to gripping courtroom dramas, these podcasts offer a profound and often unsettling glimpse into the darker aspects of human nature and the relentless pursuit of truth. This comprehensive guide explores a curated selection of the most compelling and critically acclaimed true crime podcasts, designed to immerse you in complex stories and leave you pondering long after the final episode. We will delve into what makes these podcasts stand out, covering their unique storytelling approaches, the types of cases they explore, and why they have earned their place among the best true crime podcasts available today. Prepare to discover your next audio obsession.

- Introduction to True Crime Podcasts
- Defining the "Binge-Worthy" True Crime Podcast
- Top-Tier Investigative Deep Dives
- Masterful Storytelling and Narrative Structure
- Podcasts Exploring Unsolved Mysteries
- The Psychology Behind True Crime Fandom
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Defining the "Binge-Worthy" True Crime Podcast

The term "binge-worthy" when applied to true crime podcasts signifies more than just a series of compelling episodes; it implies a level of immersive storytelling, meticulous research, and emotional resonance that compels listeners to consume multiple episodes, often in rapid succession. These podcasts typically weave together expertly edited audio, compelling interviews, and insightful narration to create a cohesive and captivating narrative arc that keeps audiences hooked. The best examples often grapple with complex ethical questions, explore the multifaceted impact of crime on victims and communities, and avoid sensationalism in favor of thoughtful examination.

What truly elevates a true crime podcast to binge-worthy status is its ability to balance factual reporting with engaging storytelling. This means presenting a clear chronological account of events while also delving into the human elements – the motivations, the consequences, and the search for justice. A hallmark of these exceptional podcasts is their commitment to thorough research, often involving extensive interviews with law enforcement, legal experts, victims' families, and even perpetrators. This dedication to authenticity and depth is crucial for building trust with the audience and delivering a truly impactful listening experience.

Top-Tier Investigative Deep Dives

Some of the most celebrated true crime podcasts are those that undertake extensive investigative deep dives into specific cases. These series often span multiple seasons or an entire season dedicated to a single, complex investigation. They are characterized by their unwavering commitment to uncovering every detail, meticulously piecing together timelines, and exploring the nuances of evidence and testimony. Listeners are taken on a journey with the hosts as they sift through mountains of information, interview key players, and often challenge conventional wisdom surrounding a case. This thoroughness transforms a simple recounting of events into an engrossing investigative journey.

These deep dives are not just about presenting facts; they are about constructing a narrative that allows the listener to feel like an active participant in the investigation. The hosts often employ techniques like reverse chronological storytelling, where the story begins with the resolution and then unpacks the events leading up to it, or a more traditional chronological approach that builds suspense as the investigation unfolds. The use of archival audio, sound design, and expert commentary further enriches the experience, making these podcasts highly addictive for those who crave detailed and sophisticated true crime content.

Unpacking the Golden State Killer Investigation

A prime example of an exceptional investigative deep dive is the podcast that meticulously unravels the decades-long hunt for the Golden State Killer. This series goes beyond merely recounting the crimes; it delves into the evolution of forensic technology, the challenges faced by law enforcement across multiple jurisdictions, and the psychological profile of a serial offender who evaded capture for so long. Listeners gain an intimate understanding of the investigative process, from early police work to the groundbreaking use of genetic genealogy that ultimately led to the suspect's arrest. The narrative skillfully weaves together victim testimonies, law enforcement interviews, and expert analysis, creating a comprehensive and chilling portrait of one of California's most notorious criminals.

The success of such a podcast lies in its ability to humanize the victims and the investigators alike. It highlights the dedication of those who pursued justice and the enduring pain and fear experienced by those affected by the crimes. By presenting the information in a clear, organized, and compelling manner, the podcast allows listeners to appreciate the complexity of the case and the immense effort involved in solving it. The narrative arc is carefully crafted, building suspense and intrigue as new clues are unearthed and the pieces of the puzzle gradually fall into place.

The Long Road to Justice in the West Memphis Three Case

Another powerful example of an investigative deep dive can be found in podcasts dedicated to the West Memphis Three case. This series meticulously examines the controversial convictions of three teenagers for the murders of three young boys in 1993. The narrative explores the flawed investigation, the potentially biased prosecution, and the mounting evidence of innocence that emerged over the years. Listeners are presented with the legal battles, the public advocacy, and the scientific advancements, such as DNA testing, that played crucial roles in the eventual re-examination of the case. The storytelling is nuanced, acknowledging the tragedy of the murders while also scrutinizing the justice system that may have failed the accused.

These podcasts often feature interviews with the key figures involved, including the defense attorneys, investigative journalists, and individuals who championed the cause of the West Memphis Three. The audio production incorporates court transcripts, news reports, and personal accounts, creating a multi-layered and emotionally resonant experience. The focus is on presenting a balanced perspective, allowing listeners to draw their own conclusions about the evidence and the miscarriage of justice that may have occurred. The commitment to thoroughness and critical analysis makes this type of podcast a truly binge-worthy experience for true crime aficionados.

Masterful Storytelling and Narrative Structure

Beyond the factual content, the true magic of the best true crime podcasts to binge lies in their masterful storytelling and narrative structure. These podcasts understand that a compelling story requires more than just a collection of facts; it needs a compelling voice, a clear progression, and elements that engage the listener on an emotional level. This often involves skilled writing, expert voice acting, and careful pacing that builds suspense and intrigue without resorting to cheap thrills. The best examples treat each case with respect, allowing the narrative to unfold organically, drawing the listener into the complexities of human behavior and the pursuit of resolution.

The use of sound design plays a pivotal role in creating an immersive experience. Subtle ambient noises, well-placed music, and authentic audio clips can transport the listener directly into the scene of the crime or the tense atmosphere of a courtroom. Furthermore, the narrative structure itself is a critical component. Some podcasts opt for a serialized format, dedicating an entire season to a single case, allowing for a deep and thorough exploration. Others adopt an episodic approach, tackling a new case in each installment, but often with a consistent host and a recognizable style that binds the series together. This variety in storytelling approaches caters to different listener preferences, but the underlying principle remains the same: to tell a captivating story that keeps you hooked.

The Art of the Slow Burn Narrative

Many of the most addictive true crime podcasts employ a "slow burn" narrative technique. This approach eschews immediate gratification in favor of a gradual unfolding of information, allowing suspense and tension to build organically over multiple episodes. Instead of revealing key plot points early on, these podcasts carefully introduce characters, timelines, and evidence, creating a sense of mystery that compels the listener to continue tuning in. The narrative might begin with the discovery of a crime, then meticulously explore the initial investigation, the lives of those involved, and the gradual emergence of crucial clues. This method allows for a deeper exploration of the psychological underpinnings of the crime and the societal factors that may have contributed to it.

This deliberateness in storytelling is what makes these podcasts so effective for binge-listening. Each episode ends with a hook, a question, or a new piece of information that leaves the listener eager to find out what happens next. The hosts, through their narration and the way they present interviews and evidence, guide the audience through a complex web of facts and possibilities, often leaving them guessing until the very end. This sustained engagement is a hallmark of truly exceptional true crime storytelling.

Character-Driven Storytelling in True Crime

Exceptional true crime podcasts often excel at character-driven storytelling, focusing not just on the crimes themselves but on the people affected by them. This includes detailed portraits of the victims, their lives, their loved ones, and the profound impact the crimes have had on their families and communities. Equally important are the characters involved in the investigation – the determined detectives, the insightful journalists, the legal professionals, and even, in some instances, the perpetrators themselves, whose motivations and backgrounds are explored with a critical eye. By delving into the human element, these podcasts foster a deeper emotional connection with the audience, transforming abstract crimes into

relatable human dramas.

This focus on character allows for a more nuanced understanding of the complexities surrounding crime and justice. It moves beyond a simple recounting of events to explore the ripple effects of criminal actions and the resilience of the human spirit. Listeners become invested in the fates of the individuals involved, making the investigative process and the pursuit of justice all the more compelling. The best storytellers use vivid descriptions and insightful interviews to bring these characters to life, making them feel real and their stories unforgettable.

Podcasts Exploring Unsolved Mysteries

The allure of the unsolved is a powerful draw for many true crime enthusiasts, and numerous podcasts have dedicated themselves to exploring these lingering enigmas. These series often delve into cold cases, disappearances, and unexplained deaths, presenting the known facts while highlighting the frustrating lack of definitive answers. The appeal lies in the intellectual challenge of trying to piece together the puzzle alongside the hosts, and the hope, however slim, that new evidence or perspectives might one day bring closure. These podcasts are not just about recounting tragedies; they are often about reigniting interest in cases that have been forgotten by time or overlooked by traditional investigative channels.

The hosts of these podcasts often act as amateur detectives, meticulously reviewing case files, interviewing witnesses (both new and old), and collaborating with true crime communities online. They bring a fresh perspective to aged investigations, sometimes uncovering details that were missed by law enforcement years ago. The narrative structure in these podcasts is crucial for maintaining listener engagement. They must carefully present the existing evidence without speculating wildly, while still building a compelling case for what might have happened. The emotional weight of the unresolved nature of these cases is palpable, and the best podcasts acknowledge this, creating a profound and often haunting listening experience.

The Enduring Fascination with Cryptic Disappearances

Cryptic disappearances have long captured the public imagination, and podcasts dedicated to these cases tap into that inherent fascination. They explore the bewildering circumstances surrounding individuals who vanished without a trace, leaving behind bewildered families and a trail of unanswered questions. These series often examine the initial investigations, the theories that have emerged over time, and the psychological toll that such uncertainty takes on those left behind. The narrative can be particularly

compelling as it navigates the fine line between factual reporting and plausible speculation, always with the underlying hope of shedding light on a deeply disturbing mystery. The lack of a definitive conclusion often makes these cases all the more haunting and ripe for continued discussion and investigation.

These podcasts frequently feature interviews with family members, friends, and law enforcement officials who were involved in the original searches. They may also explore different theories, from abduction and foul play to voluntary disappearance, presenting the evidence and arguments for each. The audio production often includes atmospheric sound design to enhance the sense of mystery and unease. The enduring nature of these unsolved cases makes them ideal for binge-listening, as each episode can introduce new angles or evidence that keeps the listener engrossed in the unfolding enigma.

Examining the Psychology of Cults and True Crime

The dark underbelly of human belief systems often manifests in the form of cults, and podcasts that examine these phenomena delve into the psychological manipulation, charismatic leadership, and devastating consequences that often follow. These series explore how individuals are drawn into these groups, the mechanisms of control employed by leaders, and the often-tragic outcomes for members and their families. The narrative can be particularly chilling as it dissects the psychological profiles of cult leaders and the vulnerabilities they exploit in their followers. Understanding the psychology at play is crucial for comprehending how such groups can wield such immense power and inflict such widespread harm. These stories serve as cautionary tales, highlighting the importance of critical thinking and individual autonomy.

The storytelling in these podcasts often involves detailed historical accounts, interviews with former cult members, and analysis from psychologists and sociologists. The narrative structure might follow the rise and fall of a specific cult or explore common themes and patterns across different groups. The aim is to provide a comprehensive and insightful look at the complex dynamics of cults, exploring the blend of delusion, control, and devotion that defines them. The profound impact on individuals and society makes these narratives deeply compelling and often disturbing, making them prime candidates for true crime binge-listening.

The Psychology Behind True Crime Fandom

The immense popularity of true crime podcasts has sparked considerable interest in the psychology behind why so many people are drawn to these often-dark narratives. Various theories attempt to explain this phenomenon, ranging from a natural human curiosity about the darker aspects of life to a

desire to understand survival mechanisms and the justice system. For many, listening to true crime is a way to vicariously experience danger in a safe environment, allowing them to learn about potential threats and how to avoid them. Others are fascinated by the puzzle-solving aspect, enjoying the intellectual challenge of trying to decipher motives and unravel complex investigations.

Furthermore, true crime podcasts can offer a sense of catharsis and a deeper appreciation for justice. By listening to stories of crimes being solved and perpetrators being brought to account, audiences can experience a sense of order being restored to chaos. There's also an element of empathy at play; listeners often connect with the victims and their stories, feeling a desire to bear witness to their experiences and advocate for justice. This complex interplay of curiosity, intellectual engagement, and emotional connection contributes to the enduring appeal of the genre and fuels the demand for the best true crime podcasts to binge.

Tips for Finding Your Next Favorite True Crime Podcast

Navigating the vast landscape of true crime podcasts to find your next binge-worthy obsession can be an enjoyable adventure. Start by considering the types of cases that most pique your interest – are you drawn to cold cases, serial offenders, wrongful convictions, or perhaps the intricacies of the legal system? Exploring podcasts that focus on these specific niches can lead you to a more tailored and satisfying listening experience. Many popular podcasts have been around for years and have extensive back catalogs, offering plenty of content to dive into immediately.

Additionally, pay attention to the hosts and their approach. Do you prefer a more journalistic, objective tone, or do you enjoy hosts who offer personal insights and emotional reactions? Reading reviews and listening to episode previews can give you a good sense of the podcast's style and quality. Furthermore, recommendations from friends, online forums dedicated to true crime, and curated lists like this one are invaluable resources. Don't be afraid to explore podcasts that have won awards or received critical acclaim, as these often represent the pinnacle of true crime storytelling and investigative journalism. Ultimately, the best way to find your next favorite is to actively explore and see which narratives resonate most with you.

- Start with popular and highly-rated podcasts.
- Read reviews and listen to episode samples.
- Explore podcasts focusing on specific sub-genres of true crime.

- Check out recommendations from friends and online communities.
- Consider the hosts' style and approach to storytelling.
- Don't be afraid to try new or lesser-known podcasts.

The Importance of Production Quality

When seeking out the best true crime podcasts to binge, the production quality is a crucial factor that significantly impacts the listening experience. A podcast with clear audio, skilled editing, and effective sound design can elevate a compelling story from good to unforgettable. Poor audio quality, distracting background noise, or jarring transitions can detract from the narrative and make it difficult to stay engaged. The best podcasts invest in professional sound engineering, ensuring that interviews are crisp, narration is clear, and any use of music or sound effects enhances the atmosphere without becoming overbearing. This attention to detail is what separates a casual listen from an immersive journey into the heart of a true crime story.

Well-executed production also extends to the pacing and structure of the episodes. The ability to weave together interviews, archival audio, and narration seamlessly creates a cohesive and engaging listening experience. This meticulous craftsmanship is what allows listeners to become deeply invested in the narrative, feeling as though they are uncovering the truth alongside the hosts. Therefore, when considering new podcasts, pay attention to the overall polish and professionalism; it is often a strong indicator of the quality of content that lies within.

Ethical Considerations in True Crime Podcasting

The proliferation of true crime podcasts has also brought to the forefront important discussions about ethical considerations within the genre. Responsible podcasters strive to approach sensitive topics with respect for the victims and their families, avoiding sensationalism and focusing on factual accuracy. This involves thorough research, careful handling of graphic details, and a commitment to presenting a balanced perspective. Many creators are mindful of the impact their work can have, aiming to educate listeners and shed light on issues of justice and systemic failures rather than simply exploiting tragedy for entertainment.

Listeners also play a role in encouraging ethical practices by supporting podcasts that demonstrate a commitment to responsible storytelling. This includes seeking out series that offer insights into the broader societal

implications of crime, promote victim advocacy, and engage in critical analysis of the justice system. By being mindful of these ethical dimensions, audiences can contribute to a more thoughtful and impactful true crime podcasting landscape, ensuring that these powerful stories are told with the gravity and respect they deserve.

The Future of True Crime Podcasting

The landscape of true crime podcasting is continually evolving, driven by technological advancements and audience demand. We are likely to see even more sophisticated investigative techniques employed, including greater use of data analysis, virtual reality reconstructions, and interactive elements that allow listeners to engage more deeply with cases. Furthermore, the ethical considerations surrounding the genre will continue to be a prominent topic of discussion, pushing creators towards more responsible and victim-centered storytelling. The rise of serialized narratives, where entire seasons are dedicated to single, complex cases, is expected to continue, offering a more immersive and in-depth experience for dedicated listeners.

The democratization of podcasting means that a wider range of voices and perspectives will emerge, potentially challenging established narratives and bringing attention to overlooked cases. We may also see a greater integration of true crime content with other media, such as documentary films and journalistic investigations, creating a more cohesive and multi-platform approach to storytelling. As the genre matures, the focus will likely remain on compelling narratives, meticulous research, and a commitment to exploring the complex realities of crime and justice, ensuring that the best true crime podcasts to binge continue to captivate and inform audiences for years to come.

In conclusion, the world of true crime podcasts offers an unparalleled opportunity to delve into the most compelling and often unsettling aspects of human experience. From meticulously researched deep dives into notorious cases to explorations of enduring unsolved mysteries and the chilling psychology behind cults, there is a podcast for every discerning listener. The masterful storytelling, production quality, and ethical considerations employed by the best creators ensure that these audio narratives are not just informative but deeply immersive and thought-provoking. Whether you are a seasoned true crime aficionado or new to the genre, this guide provides a solid foundation for discovering your next binge-worthy auditory adventure, offering endless hours of captivating content that will keep you listening long after the credits roll.

Q: What are the most popular categories of true

crime podcasts?

A: The most popular categories of true crime podcasts typically include investigative deep dives into specific cases, explorations of unsolved mysteries and cold cases, examinations of serial offenders, discussions of wrongful convictions, and analyses of criminal psychology and cults.

Q: How do I choose a true crime podcast that isn't overly sensational?

A: To avoid overly sensational true crime podcasts, look for those that emphasize thorough research, ethical storytelling, and respect for victims. Read reviews that mention journalistic integrity and a balanced approach. Podcasts that focus on the investigative process and the human impact of crime, rather than gratuitous detail, are generally a good sign.

Q: Are there true crime podcasts that focus on international cases?

A: Yes, many true crime podcasts explore international cases, bringing unique cultural contexts and investigative approaches to their narratives. These podcasts can offer a broader understanding of crime and justice systems around the world.

Q: What makes a true crime podcast "binge-worthy"?

A: A binge-worthy true crime podcast typically features compelling storytelling, meticulous research, excellent production quality, a clear narrative structure, and hosts who are engaging and knowledgeable. The ability to keep listeners hooked episode after episode, often with cliffhangers or intriguing plot developments, is key.

Q: How can I find new true crime podcasts to listen to?

A: You can find new true crime podcasts by exploring curated lists and articles, checking out recommendations from friends or online communities, browsing podcast charts, and looking for podcasts that share similar themes or hosts with ones you already enjoy. Many podcast platforms also offer personalized recommendations.

Q: Are there any true crime podcasts that focus on historical crimes?

A: Absolutely, historical true crime podcasts are a popular subgenre, delving

into crimes from past eras. These podcasts often explore how societal norms, investigative techniques, and legal frameworks differed in the past, offering a unique perspective on criminal history.

Q: What is the typical length of a true crime podcast episode?

A: The length of true crime podcast episodes can vary significantly. Some episodes might be as short as 20-30 minutes, ideal for episodic listening, while others, particularly serialized investigative podcasts, can be 45 minutes to over an hour, often requiring more dedicated listening time.

Q: Are there true crime podcasts hosted by journalists or former law enforcement officers?

A: Yes, many highly respected true crime podcasts are hosted by journalists, investigators, lawyers, or former law enforcement officers. Their professional backgrounds often lend credibility, providing unique insights into the investigative process and the legal system.

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best true crime podcasts to binge: What We Know Now! Jenny Kelly, Mairead Ronan, 2024-10-24 Across twenty years of friendship, Jenny Kelly and Mairéad Ronan have experienced single life, marriages, divorce, motherhood, career dilemmas, grief, diets, dodgy hairstyles, stress, ageing, bad times and good times too. Here, along with their well-earned wisdom about the serious (and sometimes funny) business of life, they share their thoughts on how to navigate grown-up friendships, what it means to be in a relationship, and how to stop worrying about having it all and start figuring out what it is you actually want! You'll also discover essential truths, like why you will never have Pocahontas hair (and why that's okay), why there's no greater joy than a deep clean with your favourite spray mop (just Jenny?), and how staring at trees can make you happier than owning a Mulberry handbag. What We Know Now doesn't claim to solve all your problems, but it will provide good company, give you a laugh, and help you feel less alone through the unavoidable ups and downs of life. 'Down-to-earth, practical advice with a great sense of humour.' Miriam O'Callaghan 'A book about real life - the lovely parts and the messy parts. Reading it is like having a cup of tea with a good friend.' Derval O'Rourke

best true crime podcasts to binge: Conviction Denise Mina, 2019-06-18 A true crime podcast sets a trophy wife's present life on a collision course with her secret past in this blazingly intense Reese Witherspoon book club pick and New York Times Best Crime Novel of the Year (A. J.

Finn). The day Anna McDonald's quiet, respectable life exploded started off like all the days before: Packing up the kids for school, making breakfast, listening to yet another true crime podcast. Then her husband comes downstairs with an announcement, and Anna is suddenly, shockingly alone. Reeling, desperate for distraction, Anna returns to the podcast. Other people's problems are much better than one's own -- a sunken yacht, a murdered family, a hint of international conspiracy. But this case actually is Anna's problem. She knows one of the victims from an earlier life, a life she's taken great pains to leave behind. And she is convinced that she knows what really happened. Then an unexpected visitor arrives on her front stoop, a meddling neighbor intervenes, and life as Anna knows it is well and truly over. The devils of her past are awakened -- and they're in hot pursuit. Convinced she has no other options, Anna goes on the run, and in pursuit of the truth, with a washed-up musician at her side and the podcast as her guide. Conviction is daredevil storytelling at its finest (NPR's Fresh Air), a breathtaking thriller from one of the most superbly talented writers of our time (Hank Phillippi Ryan, bestselling author of Trust Me).

best true crime podcasts to binge: Podcast Journalism David Dowling, 2024-03-19 Runner-up, 2025 Tankard Book Award, Association for Education in Journalism and Mass Communication Podcasting's stratospheric rise has inspired a new breed of audio reporting. Offering immersive storytelling for a binge-listening audience as well as reaching previously underserved communities, podcasts have become journalism's most rapidly growing digital genre, buoying a beleaguered news industry. Yet many concerns have been raised about this new medium, such as the potential for disinformation, the influence of sponsors on content, the dominance of a few publishers and platforms, and at-times questionable adherence to journalistic principles. David O. Dowling critically examines how podcasting and its evolving conventions are transforming reporting—and even reshaping journalism's core functions and identity. He considers podcast reporting's most influential achievements as well as its most consequential ethical and journalistic shortcomings, emphasizing the reciprocal influences between podcasting and traditional and digital journalism. Podcasting, both as a medium and a business, has benefited from the blurring of boundaries separating news from entertainment, editorial from advertising, and neutrality from subjectivity. The same qualities and forces that have allowed podcasting to bypass the limitations of traditional categories, expand the space of social and political discourse, and provide openings for marginalized voices have also permitted corporations to extend their reach and far-right firebrands to increase their influence. Equally attentive to the medium's strengths and flaws, this is a vital book for all readers interested in how podcasting has changed journalism.

best true crime podcasts to binge: Hysterical Elissa Bassist, 2022-09-13 SEMI-FINALIST FOR THE 2023 THURBER PRIZE FOR AMERICAN HUMOR • "A fiery cultural critique." —Kirkus Reviews • "...a powerful, beautifully written, and utterly important book."—New York Journal of Books "Hysterical is staggeringly good. ... This is one of the most intelligent, painful, ridiculous, awesome, relevant things I've ever read." —Roxane Gay "...an impressive debut. Elissa Bassist wrote it like a motherfucker.—Cheryl Strayed Acclaimed humor writer Elissa Bassist shares her journey to reclaim her authentic voice in a culture that doesn't listen to women in this medical mystery, cultural criticism, and rallying cry. Between 2016 and 2018, Elissa Bassist saw over twenty medical professionals for a variety of mysterious ailments. She had what millions of American women had: pain that didn't make sense to doctors, a body that didn't make sense to science, and a psyche that didn't make sense to mankind. Then an acupuncturist suggested that some of her physical pain could be caged fury finding expression, and that treating her voice would treat the problem. It did. Growing up, Bassist's family, boyfriends, school, work, and television shows had the same expectation for a woman's voice: less is more. She was called dramatic and insane for speaking her mind. She was accused of overreacting and playing victim for having unexplained physical pain. She was ignored or rebuked (like so many women throughout history) for using her voice "inappropriately" by expressing sadness or suffering or anger or joy. Because of this, she said "yes" when she meant "no"; she didn't tweet #MeToo; and she never spoke without fear of being too emotional. She felt rage, but like a good woman, she repressed it. In her witty and incisive debut,

Bassist explains how girls and women internalize and perpetuate directives about their voices, making it hard to “just speak up” and “burn down the patriarchy.” But then their silence hurts them more than anything they could ever say. *Hysterical* is a memoir of a voice lost and found, a primer on new ways to think about a woman’s voice—about where it’s being squashed and where it needs amplification—and a clarion call for readers to unmute their voice, listen to it above all others, and use it again without regret.

best true crime podcasts to binge: Finding Your Voice in Radio, Audio, and Podcast Production Rob Quicke, 2023-12-19 This book provides a unique identity-centered approach to radio, audio, and podcast production which encourages readers to build their confidence and create audio content that matters to them. Written for those just starting out in audio production and focusing on the process of their self-development, readers will learn how to use sound to express themselves in a variety of ways and to create powerful stories in the process – all with the tools already available to them. At the centre of this approach is the author’s R.E.A.L. method, referring to the creation of audio that is relatable, engaging, authentic, and liberating. Students will learn to apply this concept to each step of the production process, from planning and writing through to interviewing, broadcasting, and responding to feedback. By the end of this book readers will have developed a working knowledge of podcast, audio, and radio production alongside their own means of self-expression. Supported by exercises and interviews with audio practitioners throughout, *Finding Your Voice in Radio, Audio, and Podcast Production* is a key resource for anyone approaching radio, audio, or podcasting for the first time. A supporting companion website with Instructor and Student Resources is available at www.robquicke.com.

best true crime podcasts to binge: Body Horror Anne Elizabeth Moore, 2023-04-18 Whether for entertainment, under the guise of medicine, or to propel consumerism, heinous acts are perpetrated daily on women’s bodies. In *Body Horror: Capitalism, Fear, Misogyny, Jokes*, award-winning journalist Anne Elizabeth Moore catalogs the global toll of capitalism on our physical autonomy. Weaving together unflinching research and surprising humor, these essays range from investigative—probing the Cambodian garment industry, the history of menstrual products, or the gender biases of patent law—to uncomfortably intimate. Moore, who suffers from several autoimmune disorders, examines what it takes to seek care and community in the increasingly complicated, problematic, and disinterested US healthcare system. A Lambda Literary Award finalist and a Chicago Review of Books Nonfiction Award shortlist title, *Body Horror* is “sharp, shocking, and darkly funny. . . . Brainy and historically informed, this collection is less a rallying cry or a bitter diatribe than a series of irreverent and ruthlessly accurate jabs at a culture that is slowly devouring us” (Publishers Weekly, starred review). Featuring an updated introduction and new essays, as well as illustrations by Xander Marro, this new edition of *Body Horror* is a fascinating, insightful portrait of the gore that encapsulates contemporary American politics.

best true crime podcasts to binge: Crowdsourcing the Law Francine Banner, 2019-08-27 While the general public may feel uncomfortable discussing sexual assault and violence with neighbors or coworkers, the popularity of Twitter, Snapchat, and a host of other social media platforms suggests that we are not shy about expressing our opinions online. Debates that just a few years ago would have taken place in real life have been relocated online; allowing eager commenters to share their thoughts on guilt or innocence with legions of virtual strangers. *Crowdsourcing the Law* explores how everyday participants interpret and apply law in the influential online court of public opinion. Engaging a multidisciplinary, case study approach, the book analyzes social media comments about public figures such as Bill Cosby, Brock Turner, and Harvey Weinstein to address ambitious questions like: How are rape myths being challenged, reinforced, and reinvented on social media? What is the promise and peril of the #MeToo movement for transforming the law? And can due process be afforded in the face of an increasingly powerful virtual jury?

best true crime podcasts to binge: Narrative Podcasting in an Age of Obsession Neil Verma, 2024 Evaluating the rise of podcasting and the storytelling trends that emerged

best true crime podcasts to binge: Dinner for Vampires Bethany Joy Lenz, 2024-10-24 A

deliciously witty and inspiring memoir by One Tree Hill star Bethany Joy Lenz about her decade in a cult and her quest to break free. In the early 2000s, after years of hard work and determination to breakthrough as an actor, Bethany Joy Lenz was finally cast as one of the leads on the hit drama One Tree Hill. Her career was about to take off, but her personal life was slowly beginning to unravel. What none of the show's millions of fans knew, hidden even from her costars, was her secret double life in a cult. An only child who often had to fend for herself and always wanted a place to belong, Lenz found the safe haven she'd been searching for in a Bible study group with other Hollywood creatives. However, the group soon morphed into something more sinister - a slowly woven web of manipulation, abuse and fear under the guise of a church covenant called The Big House Family. Piece by piece, Lenz began to give away her autonomy, ultimately relocating to the Family's Pacific Northwest compound, overseen by a domineering minister who would convince Lenz to marry one of his sons and steadily drained millions of her TV income without her knowledge. Family 'minders' assigned to her on set, 'Maoist struggle session'-inspired meetings in the basement of a filthy house, and regular counselling with 'Leadership' were just part of the tactics used to keep her loyal. Only when she became a mother did Lenz find the courage to leave and spare her child from a similar fate. After nearly a decade (and with the unlikely help of a One Tree Hill super-fan), she finally managed to escape the family's grip and begin to heal from the deep trauma that forever altered the course of her life. Written with powerful honesty and dark humour, *Dinner for Vampires* is an inspiring story about the importance of identity, faith and independence.

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best true crime podcasts to binge: *Taylor Swift for Adults* Kev Nickells, 2024-07-30 *Taylor Swift for Adults* is a tantalizing opening salvo in Swiftology - the study of the work of Taylor Swift. While Swift's private life has been covered to death, her talent as a lyricist has rarely been analyzed. Until now. Swifties are well aware that she's a lyricist par excellence but this book makes that case to the unbelievers. Swift's gift as a songwriter is not merely sentimentality and circumstance - and this book takes a deep look at her 10 albums to isolate what makes her a beloved lyricist for millions. Any serious study of a lyricist or poet needs to establish what are the tropes, the patterns, and the style of that artist, and this book does precisely that. With careful attention to poetic detail, the scansion, flow, and form of her writing, this brings out those details that pass by in a flash on the radio, bringing them fully into focus. Many have made the argument that Swift is a gifted lyricist - in online forums and YouTube comments - but this is the first time in writing those arguments have been given shape and serious attention. It's a book aimed at adults but not po-faced bores - taking a subject seriously can also mean laughing at swearwords and sex metaphors. Rather than po-faced and straitened, this is a lightly witty book expressing, at its core, a deep affection for this generation's favorite songwriter.

best true crime podcasts to binge: *Male/Male Mystery & Suspense Box Set 2* Josh

Lanyon, 2023-03-17 Six complete mystery and suspense novellas by one of the Bestselling authors of Male/Male fiction. *Stranger in the House* - Miles Tuesday's memories of Montreal are happy ones, but now that he's inherited the mansion at 13 Place Braeside, everything feels different. Was Madame Martel's fatal fall really an accident? *I Spy Something Bloody* - Espionage was always a game, but now British spy Mark Hardwicke wants to retire and settle down with ex-lover Dr. Stephen Thorpe—if Stephen will have him. Unfortunately, Stephen has other plans. *Ghost of a Chance* - Professor Rhys Davies, a part-time parapsychologist, is writing a book on California hauntings and he believes the crumbling ruins of Berkeley House will make a terrific chapter. *Mummy Dearest* - Drew Lawson is racing against the clock. He's got a twenty-four-hour window to authenticate the mummy of Princess Merneith. If he's not at his boyfriend's garden party when that window closes, it'll be the final nail in the coffin of their relationship. *44.1644 North* - The decades-old disappearance of twenty-one-year-old teaching student Deirdre O'Donnell is the Holy Grail for true-crime buffs—and Skylar Brennan, the host of the *Ugly Town* podcast, is no exception. *The Parting Glass* - Two and a half years ago, travel writer Timothy North let NYPD Detective Luke O'Brien talk him into hiking into the New Jersey Pine Barrens to face down a monster. Now they meet again.

best true crime podcasts to binge: *Where Are the Children Now?* Mary Higgins Clark, *Alafair Burke*, 2023-04-18 The legacy of the “Queen of Suspense” continues with the highly anticipated follow-up to Mary Higgins Clark's iconic novel *Where Are the Children?*, featuring the children of Nancy Harmon, facing peril once again as adults. Of the fifty-six bestsellers the “Queen of Suspense” Mary Higgins Clark published in her lifetime, *Where Are the Children?* was her biggest, selling millions of copies and forever transforming the genre of suspense fiction. In that story, a young California mother named Nancy Harmon was convicted of murdering her two children. Though released on a technicality, she was abandoned by her husband and became such a pariah in the media that she was forced to move across the country to Cape Cod, change her identity and appearance, and start a new life. Years later her two children from a second marriage, Mike and Melissa, would go missing, and Nancy yet again became the prime suspect—but this time, Nancy was able to confront the secrets buried in her past and rescue her kids from a dangerous predator. Now, more than four decades since readers first met Nancy and her children, comes the thrilling sequel to the groundbreaking book that set the stage for future generations of psychological suspense novels. A lawyer turned successful podcaster, Melissa has recently married a man whose first wife died tragically, leaving him and their young daughter, Riley, behind. While Melissa and her brother, Mike, help their mom, Nancy, relocate from Cape Cod to the equally idyllic Hamptons, Melissa's new stepdaughter goes missing. Drawing on the experience of their own abduction, Melissa and Mike race to find Riley to save her from the trauma they still struggle with—or worse. Just like the original, *Where Are the Children Now?* keeps you guessing and holding your breath until the very last page.

best true crime podcasts to binge: *Benny on the Case* Wesley King, 2025-04-15 A boy with Mosaic Down syndrome navigates entering a mainstream classroom, making new friends, and standing up to bullies all while trying to catch a thief and save his home in this “suspenseful, emotional” (Publishers Weekly, starred review) middle grade mystery from New York Times bestselling and award-winning author Wesley King. Benny isn't your average boy from Newfoundland. He lives in a retirement home that his mother runs, he has an eighty-six-year-old best friend named Mr. Tom, he knows more about fixing boats than video games, and he has Mosaic Down syndrome. When Benny transitions to a mainstream classroom for the first time, the other students tease him for his differences...except for Salma. She's new, too, and not your typical Newfoundland girl: she's tech savvy, speaks Arabic, plays basketball, and isn't afraid to eat lunch with Benny. So when Salma's grandmother and several other residents in the retirement home are robbed, Benny asks Salma to help him catch the thief. Time is not on their side as an inspector threatens to close the home. And to make matters worse, Benny and Salma must crack the case while working on a class assignment with their bullies. Can Benny save his home and take a stand

against the bullies once and for all? He's about to find out, b'ys.

best true crime podcasts to binge: *The Lake Escape* Jamie Day, 2025-07-15 The next riveting summer suspense by the author of *THE BLOCK PARTY* and *ONE BIG HAPPY FAMILY*, Jamie Day. *WILL THIS BE THE BEST WEEK OF THEIR LIVES... OR THE LAST?* JULIA, DAVID, AND ERIKA grew up together spending summers at their idyllic Vermont lake homes for as long as they can remember. Now adults— with their own sullen teens, endless mortgages, and low-voltage sex lives—the three friends have amassed secrets over the years. This summer, David is eager to show off his newly renovated home—which now blocks his friends' cherished lake views—and his much-younger girlfriend. He also, unwittingly, brings a nanny with a hidden agenda. What could possibly go wrong? When David's girlfriend mysteriously vanishes after a shouting match, Julia and Erika wonder just how well they know their lifelong friend. The lake harbors a harrowing past: two young women, with no known connection, vanished without a trace thirty years ago. Did the lake take another? As a search is mounted, an intricate web of lies, deceits, and betrayals spanning generations starts to surface, and everyone finds themselves in danger of becoming the next victim. Of the lake, or something darker.

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best true crime podcasts to binge: *Instant Karma* Marissa Meyer, 2020-11-03 In New York Times bestselling author Marissa Meyer's young adult contemporary romance, a girl is suddenly gifted with the ability to cast instant karma on those around her – both good and bad. Chronic overachiever Prudence Barnett is always quick to cast judgment on the lazy, rude, and arrogant residents of her coastal town. Her dreams of karmic justice are fulfilled when, after a night out with her friends, she wakes up with the sudden ability to cast instant karma on those around her. Pru giddily makes use of the power, punishing everyone from public vandals to mean gossips, but there is one person on whom her powers consistently backfire: Quint Erickson, her slacker of a lab partner. Quint is annoyingly cute and impressively noble, especially when it comes to his work with the rescue center for local sea animals. When Pru resigns herself to working at the rescue center for extra credit, she begins to uncover truths about baby otters, environmental upheaval, and romantic crossed signals—not necessarily in that order. Her newfound karmic insights reveal how thin the line is between virtue and vanity, generosity and greed . . . love and hate... and fate.

best true crime podcasts to binge: *A Tour to Die For* Michelle Chouinard, 2025-09-23 In Michelle Chouinard's *A Tour to Die For*, Capri Sanzio is back, giving a true crime tour her guests won't soon forget. After all, a tour guide who specializes in serial killers knows better than most that San Francisco is a city with killer charm. Capri Sanzio knows that when you give serial killer walking tours for a living, unexpected situations are more common than San Francisco's famous fog. So, when one of her guests claims to see a woman being attacked during a tour, Capri remains unphased. The police search the apartment in question and find no evidence of anything amiss, so they chalk it up to a false report from a true crime fanatic looking to be a part of a case. And Capri thinks they might be right, since lately her tours have been attracting even more obsessives than usual--as it turns out, finding the actual serial killer who committed the Overkill Bill murders didn't stop the constant questions about her grandfather's supposed crimes, it only intensified them. But Capri would never forgive herself if someone is in trouble and she walks away. Plus, something about the whole situation has every one of Capri's investigative journalist instincts going haywire--why would someone lie about seeing an attack? So Capri starts to dig, and when her questions lead to a body, she finds herself at the center of another murder investigation.

best true crime podcasts to binge: *My Time to Stand* Gypsy-Rose Blanchard, Melissa Moore,

Michele Matrisciani, 2024-12-10 A victim of her mother's Munchausen by proxy and child abuse survivor, Gypsy-Rose Blanchard's unique and controversial case made headlines across the world. Now, she's finally free to start living her life on her terms—and to tell her own story as only she can. Forced to use a wheelchair in public and endure a lifetime of faux illness, fraud, and exploitation, Gypsy was subjected not only to her mother's medical, physical, and emotional abuse, but deprived of childhood milestones. Prevented from attending school or socializing, Gypsy's formative years were defined by pain and isolation. After serving 8 years in prison for the role she played in her mother Dee Dee's murder, Gypsy is embracing her fresh start—and reminding all of us that it's never too late. In this revelatory, harrowing, and ultimately hopeful memoir, Gypsy shares the painful realities she grew up with and the details of her life that only she knows, including: The abusive cycle that began with Dee Dee's abuse by her father Gypsy's fear that continued unnecessary surgery would leave her truly disabled How she coped with guilt and accepted responsibility for her mother's death Memories of her final days in prison What she learned upon reviewing her own medical records for the first time How it felt to finally see her family again as her authentic self Featuring Blanchard family photos and new facts about Gypsy's life that she previously kept private, My Time to Stand offers an unprecedented look at the real Gypsy-Rose Blanchard, proudly embarking on her ongoing journey to recovery and self-discovery.

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