

online course on personal finance

The Essential Guide to an Online Course on Personal Finance

online course on personal finance offers a transformative pathway to mastering your money and building a secure financial future. In today's complex economic landscape, understanding personal finance is no longer a luxury but a necessity. This comprehensive guide explores the invaluable benefits and diverse curriculum of online personal finance courses, empowering individuals to take control of their income, expenses, savings, investments, and debt. From fundamental budgeting principles to advanced investment strategies, these courses equip learners with the knowledge and practical skills to navigate financial challenges and achieve their long-term goals. Discover how an expertly designed online curriculum can demystify complex financial concepts and set you on a course for lasting financial well-being.

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Why Invest in an Online Course on Personal Finance?

Investing in an online course on personal finance is a strategic decision that pays dividends throughout your life. Many individuals struggle with managing their money effectively due to a lack of formal education in this critical area. An online course provides structured, accessible, and expert-led instruction that can bridge this knowledge gap. It moves beyond basic concepts to offer practical strategies for wealth creation, debt reduction, and risk management, all within a convenient digital format.

The modern financial world is intricate, with evolving investment vehicles, tax laws, and economic indicators. Without a solid understanding, it's easy to make costly mistakes or miss out on opportunities. An online personal finance course acts as a roadmap, guiding learners through the essential components of sound financial planning. This proactive approach can prevent future financial distress and unlock potential for significant growth. The knowledge gained is not temporary; it's a lifelong asset that can be applied to every financial decision you make, from daily spending to long-term retirement planning.

Key Modules in a Comprehensive Personal Finance Course

A well-rounded online course on personal finance typically covers a broad spectrum of essential topics. These modules are designed to build a holistic understanding of financial management, starting with the foundational elements and progressing to more sophisticated strategies.

Budgeting and Cash Flow Management

This fundamental module teaches learners how to track income and expenses accurately. It covers various budgeting methods, such as the zero-based budget, the 50/30/20 rule, and envelope budgeting. Understanding cash flow is crucial for identifying spending patterns, areas for potential savings, and ensuring that financial obligations are met consistently.

Saving and Emergency Funds

Learning the importance of saving is a cornerstone of personal finance. This section delves into setting realistic savings goals, differentiating between short-term and long-term savings, and the critical role of an emergency fund. An emergency fund acts as a financial safety net, protecting individuals from unexpected expenses like job loss, medical emergencies, or major home repairs without resorting to high-interest debt.

Debt Management and Reduction Strategies

Debt can be a significant burden on financial freedom. This module explores different types of debt, including credit card debt, student loans, mortgages, and auto loans. It provides effective strategies for managing and reducing debt, such as the debt snowball and debt avalanche methods, and the importance of credit score improvement.

Investing Fundamentals

Building wealth often requires intelligent investing. This section introduces the basics of investing, including different asset classes like stocks, bonds, and mutual funds. It explains concepts such as risk tolerance, diversification, compound interest, and the importance of long-term investment horizons for achieving financial growth.

Retirement Planning

Securing a comfortable retirement is a primary financial goal for many. This module covers various retirement savings vehicles, such as 401(k)s, IRAs, and other pension plans. It emphasizes the need for early planning and consistent contributions to ensure financial security in later life.

Insurance and Risk Management

Protecting oneself and one's assets from unforeseen events is vital. This module discusses different types of insurance, including health, life, disability, auto, and homeowners insurance. It helps learners understand how to assess their insurance needs and select appropriate coverage to mitigate financial risks.

Tax Planning and Preparation

Understanding tax implications is crucial for maximizing after-tax income and minimizing liabilities. This section covers basic tax principles, common tax deductions and credits, and strategies for efficient tax planning. While not a substitute for professional tax advice, it provides a solid foundation for navigating tax season.

Financial Goal Setting and Planning

This module focuses on the practical application of learned concepts to achieve personal financial goals. It guides learners through setting SMART (Specific, Measurable, Achievable, Relevant, Time-bound) financial goals, creating actionable plans, and tracking progress towards milestones like purchasing a home, funding education, or starting a business.

Benefits of Online Learning for Financial Education

The digital format of an online course on personal finance offers numerous advantages that cater to modern lifestyles and learning preferences. These benefits make financial education more accessible and effective than ever before.

Flexibility and Convenience

One of the most significant benefits is the unparalleled flexibility. Learners can access course materials anytime, anywhere, fitting their studies

around work, family, and other commitments. This self-paced nature allows individuals to learn at their own speed, revisiting complex topics as needed without the pressure of a traditional classroom schedule.

Affordability

Compared to in-person workshops or university courses, online personal finance courses are often significantly more affordable. This accessibility democratizes financial education, making it available to a wider audience regardless of their geographic location or budget constraints. Many platforms offer free introductory modules or tiered pricing options.

Expert-Led Instruction

Reputable online courses are typically developed and taught by seasoned financial professionals, economists, and educators. This ensures that the information provided is accurate, up-to-date, and based on real-world expertise. Learners benefit from practical insights and proven strategies that can be immediately applied.

Engaging Learning Materials

Online courses often employ a variety of engaging multimedia content, including video lectures, interactive quizzes, downloadable worksheets, case studies, and discussion forums. This diverse approach caters to different learning styles and helps to keep learners motivated and actively involved in the material, enhancing retention and comprehension.

Global Reach and Diverse Perspectives

Online platforms connect learners with instructors and fellow students from around the world. This exposure to diverse financial systems and perspectives can broaden understanding and provide valuable insights into different economic approaches and solutions. It fosters a more comprehensive view of personal finance in a globalized world.

Choosing the Right Online Personal Finance Course

With a growing number of online courses available, selecting the right one requires careful consideration. The ideal course will align with your specific needs, learning style, and financial goals. A structured approach to selection ensures you invest your time and resources wisely.

Assess Your Current Financial Knowledge

Before diving in, honestly evaluate your existing understanding of personal finance. Are you a complete beginner, or do you have some foundational knowledge? This self-assessment will help you identify courses that offer the right level of depth, whether it's introductory, intermediate, or advanced.

Review the Curriculum and Learning Objectives

Thoroughly examine the course syllabus and learning objectives. Ensure that the topics covered directly address your areas of interest or concern. Look for courses that offer practical, actionable advice rather than purely theoretical concepts. Modules on budgeting, investing, debt reduction, and retirement planning are typically core components.

Consider Instructor Credentials and Reviews

Research the instructors or the institution offering the course. Look for experts with recognized financial certifications (e.g., CFP, CPA) and a proven track record. Reading reviews from past students can provide valuable insights into the course's effectiveness, the instructor's teaching style, and the overall learning experience.

Evaluate the Learning Format and Support

Consider how you best learn. Do you prefer video lectures, reading materials, interactive exercises, or live Q&A sessions? Look for courses that offer a mix of these to keep you engaged. Also, assess the level of student support available, such as instructor access, community forums, or dedicated helpdesks.

Check for Accreditation and Certification (if applicable)

For some individuals, especially those pursuing a career in finance or seeking formal recognition, accreditation or the option to earn a certificate upon completion might be important. While not always necessary for personal enrichment, it can add significant value.

Who Can Benefit from an Online Personal Finance Course?

The universal nature of money management means that virtually everyone can benefit from enhanced knowledge in personal finance. An online course on personal finance is not limited to a specific demographic; it's a valuable resource for a wide range of individuals at different life stages.

Young Adults and Students

Entering the workforce or managing student loans for the first time can be daunting. These courses provide essential skills for budgeting, saving for future goals (like a down payment on a home or further education), and understanding the impact of early financial decisions.

Young Families

As individuals start families, financial responsibilities increase. Courses can help with managing household budgets, planning for children's education, optimizing savings for major life events, and ensuring adequate insurance coverage.

Mid-Career Professionals

Those in the midst of their careers may be looking to optimize their investments, accelerate debt repayment, or plan more strategically for retirement. These courses can offer advanced strategies for wealth accumulation and tax efficiency.

Individuals Nearing Retirement

For those approaching retirement, understanding how to manage retirement income, healthcare costs, and estate planning is crucial. Courses can provide guidance on drawing down assets, maximizing Social Security benefits, and ensuring financial security throughout their golden years.

Anyone Seeking Financial Independence

Regardless of age or current financial situation, anyone aspiring to achieve greater financial control, reduce stress related to money, and build a more secure future will find immense value in a structured personal finance education.

An online course on personal finance serves as a powerful tool for empowerment. By demystifying financial concepts and providing practical, actionable strategies, it equips individuals with the confidence and competence to navigate their financial lives effectively. The flexibility and

accessibility of online learning make it an ideal solution for busy individuals seeking to improve their financial literacy and achieve their personal wealth objectives. Investing in such a course is an investment in your future well-being and long-term prosperity.

FAQ Section

Q: What is the primary benefit of taking an online course on personal finance for a beginner?

A: For a beginner, the primary benefit is gaining a foundational understanding of how to manage money effectively. This includes learning essential skills like budgeting, tracking expenses, understanding debt, and the importance of saving, which are crucial for avoiding common financial pitfalls.

Q: Are online courses on personal finance accredited or recognized by financial institutions?

A: While many online courses are developed by reputable experts, formal accreditation is less common for general personal finance education compared to professional certifications. However, completing a comprehensive course from a well-regarded provider can demonstrate a commitment to financial literacy and may be valued by some employers or for personal development.

Q: How much time commitment is typically required for an online personal finance course?

A: The time commitment varies significantly depending on the course's depth and structure. Basic courses might require 5-10 hours of study, while more comprehensive programs covering advanced topics could range from 20-50 hours or more. Most online courses offer flexibility, allowing you to study at your own pace.

Q: Can an online course on personal finance help me improve my credit score?

A: Yes, many personal finance courses include modules on credit management, explaining how credit scores are calculated and offering strategies for improvement. This often involves advice on responsible credit card usage, timely payments, and managing debt effectively, all of which directly impact your creditworthiness.

Q: What kind of investment strategies are typically covered in an online personal finance course?

A: Basic online courses usually cover fundamental investment concepts like diversification, asset allocation, and different investment vehicles such as stocks, bonds, and mutual funds. More advanced courses might delve into risk tolerance, index funds, ETFs, and long-term wealth-building strategies.

Q: Is it possible to learn about retirement planning through an online personal finance course?

A: Absolutely. Retirement planning is a core component of most comprehensive personal finance courses. They typically cover topics like retirement savings accounts (e.g., 401(k)s, IRAs), estimating retirement needs, and strategies for ensuring financial security in retirement.

Q: How do online personal finance courses compare in cost to traditional financial workshops or seminars?

A: Generally, online courses are significantly more affordable than in-person workshops or seminars. This is due to lower overhead costs for online providers. Prices can range from free to a few hundred dollars, depending on the course provider, depth of content, and any certifications offered.

Q: Will an online course on personal finance teach me how to manage my taxes?

A: Most online personal finance courses will provide an overview of basic tax principles, common deductions, and credits, and general tax planning strategies. However, they are typically not a substitute for professional tax advice, especially for complex tax situations.

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Personal Finance, 3rd Edition offers essential skills and knowledge that will set students on the road to lifelong financial wellness. By focusing on real-world decision making, Bajtelsmit Personal Finance

engages a diverse student population by helping them make personal connections that can immediately impact their current financial situations. Using a conversational writing style, relatable examples, and up-to-date coverage on important topics – such as student debt, housing, fintech and AI – students gain the knowledge they need to avoid early financial mistakes. By the end of the course, students have identified their goals and developed the problem-solving skills they need to build on as they progress to the next stages of life.

online course on personal finance: *Personal Investment Crash Course* IntroBooks, 2018-02-21 Investment refers to purchasing products and services for future gains of an individual, a family unit, or an institution. Though these products and services are not purchased for immediate consumption, they have the potential to create higher future returns for the investor. There are various types of products and services available in the financial market to benefit from the capital investments. Some of the products and services that can be used as an instrument for getting personal financial returns are: bank products, bonds, stocks, investment funds, annuities, educational investments, insurance, retirement plans, and so on. By adopting a wise investment strategy and by adopting a diversified investment portfolio, the returns can be maximized and the financial goals can be achieved for both long-term and short-term tenure. The short-term financial plan is adopted for short term monetary gains, wherein the returns can be expected within a year that is attributed with low-profit and low-risk factors. Examples of the short-term financial plans include Savings account investments, fixed deposit scheme, money market funds. On the contrary, a long-term financial plan can be adopted for long term monetary gains, wherein the duration of the plan can extend for more than year. Generally, the short-term assets/products are sold in the market after the maturity period, which provides good returns for the investor. However, the long-term assets/products are held in the investor's possession that can earn returns in the form of dividends, interest as declared in the financial market.

online course on personal finance: *Global Mastery: Navigating Personal Finance, Communication, and Career Success* Patrick Owens, As our world becomes increasingly interconnected, understanding global trends and dynamics is paramount, especially when it comes to managing our personal finances. In Chapter 1, we'll delve into strategies for intelligent investing, navigating international markets, and ensuring financial stability in an ever-changing global economy. Effective communication is another cornerstone of global mastery. Whether you're engaging with colleagues, clients, or partners from different cultural backgrounds, the ability to communicate effectively can make or break relationships and opportunities. Chapter 2 explores techniques for building rapport, overcoming cultural barriers, and leveraging technology to communicate seamlessly across borders. In today's globalized job market, career success requires more than just technical skills—it demands adaptability, cultural competence, and a strategic mindset. Chapter 3 offers insights into navigating the global job market, developing essential skills for success, and advancing your career on a global scale. But global mastery isn't just about big-picture thinking—it's about integrating global perspectives into our daily lives. In Chapter 4, we'll explore practical exercises, tips, and resources for cultivating a global mindset and overcoming common obstacles to global mastery.

online course on personal finance: Personal Finance Masterclass Shoaib Siddiqui, Saiful Rafi, 2025-03-29 Personal Finance Masterclass is your ultimate guide to managing money wisely. This course covers budgeting, saving, investing, and debt management, helping you build financial stability and achieve long-term wealth. Perfect for beginners and those looking to refine their financial skills!

online course on personal finance: The Complete Idiot's Guide to Personal Finance in Your 20s & 30s, 4E Sarah Fisher, Susan Shelly, 2009-06-02 A wise investment. Revised and updated, this new edition of *The Complete Idiot's Guide® to Personal Finance in Your 20s and 30s* explains all the basic information anyone in this age group will need to manage their personal finances or enhance their financial plan to yield better returns on their investments. *Covers 401(k) and retirement planning plus investment strategies for the next decade *Budgeting tips for spiraling

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online course on personal finance: Mastering Personal Finance: A Journey to Financial Freedom Chameleon Choice, 2024-08-26 Mastering Personal Finance: A Journey to Financial Freedom is your step-by-step guide to taking control of your money and building a secure financial future. This book is packed with practical advice, real-life stories, and easy-to-follow tips to help you manage your finances, no matter where you are in life. Learn how to create a budget that works, save for emergencies, and pay off debt. Discover the basics of investing, planning for retirement, and protecting your assets with the right insurance. The book also explores ways to boost your income through side hustles and passive income streams. Whether you're saving for a big goal, teaching your kids about money, or just trying to make smarter financial decisions, Mastering Personal Finance provides the tools you need to achieve financial independence and peace of mind.

online course on personal finance: Introduction to Personal Finance John E. Grable, Lance Palmer, 2022-02-08 Every financial decision we make impacts our lives. Introduction to Personal Finance: Beginning Your Financial Journey, 2e is designed to help students avoid early financial mistakes and provide the tools needed to secure a strong foundation for the future. Using engaging visuals and a modular approach, instructors can easily customize their course to topics that matter most to their students. This course empowers students to define their personal values and make smart financial decisions that help them achieve their goals.

online course on personal finance: The Personal Finance Cookbook Nick Meyer, 2024-01-31 A fun and straightforward approach to learning personal finance and budgeting In The Personal Finance Cookbook, Certified Financial Planner™ certificant and celebrated social media creator Nick Meyer delivers a fun and engaging toolkit for a variety of personal finance tasks, including budgeting, investing, and buying a house. In the book, you'll find a cookbook-style collection of "recipes" detailing the steps you need to take to complete various common and important money-related tasks. You'll learn how to avoid the "paralysis by analysis" that often traps people into doing very little about their personal finances before it's too late. You'll also discover how to take meaningful, concrete steps toward change and positive action. The book includes: Strategies for household budgeting and how to start investing your money The best ways to start saving for your first home and your first car The steps you should take before and while applying for your first credit card and strategies for building your credit rating An invaluable resource for young families, new professionals just beginning their career journeys, and people starting to get ready for retirement, The Personal Finance Cookbook is the perfect book for everyone hoping to get a strong grip of their money situation once and for all.

online course on personal finance: Personal Finance for Beginners: Jonathan K. Hari, 2025-06-22 Personal Finance for Beginners Smart Money Management for a Secure Future Mastering personal finance is the key to financial security, independence, and a stress-free future. Many struggle with budgeting, saving, and investing, often feeling overwhelmed by financial jargon and endless advice. This book simplifies the essentials, offering clear strategies that anyone—regardless of income level—can use to take control of their financial future. Inside This Book, You'll Discover: Budgeting for Success - Managing Your Income and Expenses Effectively Building an Emergency Fund - Why You Need One and How to Start Understanding Credit and Debt - How to Manage and Improve Your Credit Score Investing for Beginners - Stocks, Bonds, Mutual Funds, and More Retirement Planning - How to Secure Your Financial Future Side Hustles and Passive Income - Earning Extra Money Beyond Your 9-to-5 Avoiding Financial Pitfalls - Common Money Mistakes and How to Avoid Them This comprehensive guide takes you step by step through personal finance fundamentals, breaking down complex concepts into actionable strategies. Whether you're looking to build wealth, get out of debt, or plan for retirement, this book provides the roadmap to financial success. Scroll Up and Grab Your Copy Today!

online course on personal finance: Manage Your Money, Manage Your Mind Dr Pradnya

Surana, 2025-05-29 What if just earning more money isn't the solution to our financial troubles? Most of us struggle with money issues on a daily basis and this is the source of considerable stress and anxiety. If we want to reduce those worries, and develop our financial skills, maybe we need to look at our relationship with money so it isn't defined by crisis. Learning to have a more positive relationship with money, to not stress about it, and to make good choices with it creates a healthier and happier cycle. This interactive workbook will empower you to take action and create meaningful life changes. You will be guided through the world's most well-researched self-help techniques and interventions, encouraged to try them out and measure whether they have had concrete benefits for you. If not, it is time for the next one. This book incorporates perspectives from clinical, positive and organisational psychology along with insights from spiritual wisdom. Scientific research is translated from jargon to layman's terms so you can understand and begin applying what will actually work to promote financial wellbeing. You will learn about:

- The relationship between money, money health and overall wellbeing
- Aligning your personal values, emotions and actions with your financial goals
- Skills for cultivating gratitude, self-compassion and finding purpose
- Developing a psychological emergency toolkit to manage intense emotions
- How to challenge irrational beliefs and reframe unhelpful thoughts
- Developing healthy financial habits and improving financial literacy
- Finding fulfilment through charitable giving

Each intervention is accompanied by a resource list that includes books, websites, apps, podcasts and journal articles.

online course on personal finance: *Personal Finance* Barbara Friedberg, 2015-04-14 This jargon-free resource explains the who, what, why, and where of contemporary personal finance in simple, easy-to-grasp language, covering the key people, events, terms, tools, policies, and products that make up modern money management. The ideal roadmap to 21st-century financial literacy, this layman's encyclopedia discusses ideas, concepts, events, and people that inform money management and personal finance. It explains the intricacies of things like investing, saving, debt, credit, and mortgages, and it drills down into complexities like the difference between 401(k) and 403(b) retirement plans. Entries invite the reader to explore common financial topics, such as seeking credit counseling, using credit cards, buying a home, and choosing insurance. Issues such as identity theft, derivatives, and taxes are explored as well. The unique work is topically organized with contributions from both academics and financial professionals. Entries are augmented by entertaining sidebar anecdotes and a glossary, and there is a useful feature that connects readers to online sources, enabling them to keep up with this fast-changing field. A one-stop resource ideal for individuals seeking to understand personal finance, this book will also prove valuable to students taking courses in finance and economics. All readers will come away better equipped to profit from money management and more skilled at making smart financial decisions.

online course on personal finance: *Beginners Guide to Financial IQ & Money Management* Randy Silverman, 2019-10-08 Managing your money day by day is a simple concept. However, this is not an easy endeavor because it's a human issue. There's so much psychology built into this, how people look at the numbers, how they manage their lives, etc. The goal is to control spending. This is where you have to protect yourself so you can succeed managing your own budget. The bottom-line is you can't arrive at making the right decisions without thoroughly investigating and knowing where you're coming from financially and this can only be done through proper money management. Money management isn't kind of important, it is everything! With the proper steps and guidance, putting together a budget and learning how to manage your money day to day doesn't have to be as painful as most people imagine it to be. The hardest part is getting yourself to do it. The biggest accomplishment you'll gain from it all is being able to know where you stand financially so you can take back control of your finances. Ultimately you want to be able to establish a solid financial foundation for you and your family so you won't ever be in a compromised position.

online course on personal finance: *20 Essential Personal Finance Strategies for Financial Success in 7 Minutes Each* Nietsnie Trebla, 20 Essential Personal Finance Strategies for Financial Success in 7 Minutes Each Unlock the secrets to achieving financial success with '20 Essential Personal Finance Strategies for Financial Success in 7 Minutes Each'. This book is

designed for anyone who wants to take control of their financial future but is short on time. Each chapter presents a concise yet powerful strategy that can be read and understood in just seven minutes. From setting clear financial goals to the intricacies of retirement planning, this book guides you through the essential steps to build a robust financial foundation. You'll learn how to:

- Understand Your Financial Goals: Discover how to define what success means to you.
- Create a Budget That Works for You: Master budgeting techniques tailored to your lifestyle.
- Build an Emergency Fund: Prepare for the unexpected with practical saving strategies.
- Manage Debt Effectively: Learn strategies to reduce and eliminate debt without sacrificing your peace of mind.
- Understand Credit Scores and Reports: Navigate the complexities of credit to make informed decisions.
- Implement Strategies for Saving Money: Find simple ways to cut costs and boost your savings.
- Get Started with Investing Basics: Gain the knowledge you need to make your money work for you.
- Plan for Retirement: Understand the importance of starting early to secure your future.
- Recognize the Importance of Insurance: Protect yourself and your assets with the right coverage.
- Master Tax Planning Essentials: Optimize your tax situation for maximum savings.
- Build Multiple Income Streams: Diversify your income sources for greater financial stability.
- Leverage the Power of Compound Interest: Discover how time can be your greatest ally in wealth building.
- Embrace Financial Literacy: Commit to continuous learning for ongoing success.
- Set Up Automatic Savings: Make saving a seamless part of your routine.
- Utilize Smart Shopping Techniques: Learn how to get the best deals and maximize value.
- Understand the Role of Financial Advisors: Know when and how to seek professional guidance.
- Handle Financial Setbacks: Develop resilience and strategies to recover from financial shocks.
- Chart Your Journey to Financial Independence: Create a roadmap to attain the freedom you desire.
- Use Apps to Manage Finances: Discover tools that simplify tracking and managing your money.
- Review and Adjust Your Financial Plan: Regularly assess your financial strategy to stay on track.
- Leave a Financial Legacy: Learn how to pass on your wealth and values to future generations.

Whether you're a financial novice or someone looking to refine your money management skills, this book offers a treasure trove of actionable advice, presented concisely to fit into your busy life. Achieve your financial dreams and pave the way toward success—one seven-minute chapter at a time!

online course on personal finance: Create Passive Income Streams and Achieve Financial Independence: How to Make Money Work for You Silas Mary, 2025-02-11 Financial freedom isn't about working harder—it's about making your money work for you. This book reveals proven methods for generating passive income, from real estate and stocks to online businesses and digital assets. Learn how to build multiple income streams that provide long-term financial security. By mastering the principles of wealth creation, you'll gain the ability to earn money while you sleep and achieve true independence. Whether you're looking to escape the 9-to-5 grind or build generational wealth, this book gives you the strategies to create sustainable, long-term financial success.

online course on personal finance: Essential Personal Finance Jonquil Lowe, Jason Butler, Lien Luu, 2018-12-13 There is increasing pressure for all of us to take responsibility for our own financial security and wellbeing, but we often overlook how the benefits that come with a job can help us do that. *Essential Personal Finance: A Practical Guide for Employees* focuses on these valuable work benefits and shows how you can build on this important foundation to achieve financial security and your life goals. This unique book explores how making effective and practical use of these work benefits (such as pension scheme, life cover, sick pay, cheap loans, savings schemes and even financial coaching), means facing up to the behavioural biases we are all plagued with. Given that these can get in the way of even the best intentions, *Essential Personal Finance* tackles these biases head-on with practical ideas and tips for overcoming or harnessing them for good, and will help you to develop a positive and fruitful relationship with your money. With financial stress being a major cause of absenteeism and sick leave, low morale and lost productivity, the advice in this book also offers employers enormous benefits. By empowering employees through financial education and financial awareness, progressive employers will help them feel more in control of their lives, and experience less stress, resulting in higher morale and productivity.

Offering a distinctive approach which combines academic insight with practical financial wisdom and tools, this is a must-have book for all employees. It will help you make the most of everything your job has to offer so you can worry less about money and live life to the full.

online course on personal finance: Kiplinger's Personal Finance , 1998-09 The most trustworthy source of information available today on savings and investments, taxes, money management, home ownership and many other personal finance topics.

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