

# ways to make extra money while pregnant

## Ways to Make Extra Money While Pregnant

**Ways to make extra money while pregnant** can significantly ease financial pressures during this transformative period. Many expectant mothers seek flexible opportunities that accommodate changing energy levels and physical needs, allowing them to contribute financially without compromising their well-being. This article explores a comprehensive range of options, from online ventures and creative pursuits to leveraging existing skills and participating in the gig economy. We will delve into practical, actionable strategies that can provide a much-needed income boost, whether you're looking for a few hundred dollars or a more substantial supplement to your savings. Discover how to navigate the possibilities and find fulfilling ways to earn while you prepare for your little one's arrival.

- Leveraging Online Opportunities
- Monetizing Creative Talents
- Utilizing Existing Skills and Knowledge
- Participating in the Gig Economy
- Selling Unused Items
- Focusing on Health and Wellness

## Leveraging Online Opportunities for Pregnant Income

The digital realm offers a vast landscape of possibilities for generating income from the comfort of your home, making it an ideal solution for pregnant individuals. These online avenues often provide the flexibility to set your own hours and work at a pace that suits your current condition. From simple data entry tasks to more involved freelance projects, the internet can be a powerful tool for earning extra money.

### Online Surveys and Microtasks

Participating in online surveys and completing small microtasks is one of the most accessible ways to make some extra cash. While the pay per task is typically low, consistency can lead to a noticeable income over time. Many reputable platforms offer these opportunities, requiring only a computer or smartphone and an internet connection. It's a great way to utilize downtime, such as during naps or quiet evenings, to earn a little something.

## **Freelance Writing and Editing**

If you have a knack for words, freelance writing, editing, or proofreading can be a highly rewarding income stream. Many businesses and individuals require content for websites, blogs, marketing materials, and more. Pregnancy can be an excellent time to focus on this, as much of the work can be done remotely and on a flexible schedule. Building a portfolio and pitching to clients can lead to consistent work and a significant income, especially if you specialize in a niche.

## **Virtual Assistant Services**

Offering virtual assistant (VA) services is another excellent online avenue. VAs provide administrative, technical, or creative assistance to clients remotely. Tasks can range from scheduling appointments and managing emails to social media management and customer service. The demand for skilled VAs is high, and you can tailor your services to your strengths and the time you have available. This often involves building relationships with clients and delivering reliable support.

## **Online Tutoring**

For those with expertise in a particular academic subject, online tutoring can be a fulfilling and profitable option. Platforms connect tutors with students of all ages, from K-12 to college level. You can set your own rates and availability, making it a flexible choice. Many tutoring sessions are conducted via video calls, allowing for a comfortable and convenient work environment. This is a great way to share your knowledge and help others succeed.

## **Website Testing and User Feedback**

Companies constantly seek user feedback to improve their websites and applications. Participating in website testing and providing user feedback is a straightforward way to earn money online. These tasks usually involve navigating a website or app, performing specific actions, and documenting your experience and opinions. The time commitment for each test is generally short, making it easy to fit into a busy pregnancy schedule.

## **Monetizing Creative Talents During Pregnancy**

Pregnancy can be a period of heightened creativity, and channeling that energy into artistic or craft-based endeavors can lead to a rewarding income. From handmade goods to digital creations, there are numerous ways to turn your passion into profit.

## **Selling Handmade Crafts and Products**

If you enjoy knitting, sewing, jewelry making, or any other craft, consider selling your creations. Online marketplaces like Etsy are popular platforms for artisans to showcase and sell their handmade items. You can create baby-related items, personalized gifts, or unique home decor. Focusing on quality and distinctive designs can help your products stand out and attract buyers.

## **Graphic Design and Digital Art**

For individuals with graphic design skills, there are many opportunities to create and sell digital art, logos, printables, and other design assets. This can include designing nursery decor, party invitations, or custom stationery. Platforms like Creative Market or your own website can be used to sell your digital products. The beauty of digital products is that once created, they can be sold repeatedly.

## **Photography and Stock Images**

If you have a passion for photography, consider selling your photos as stock images. Websites like Shutterstock or Adobe Stock accept high-quality photographs that can be licensed to businesses and individuals for various uses. Focusing on popular themes, such as maternity, babies, or lifestyle, can increase your chances of sales. You can also offer local maternity or newborn photography sessions if you feel up to it.

## **Blogging and Content Creation**

Starting a blog about your pregnancy journey, parenting tips, or a topic you're passionate about can generate income through advertising, affiliate marketing, or sponsored posts. While this often requires a long-term commitment, it can build into a sustainable income source. Consistent, valuable content is key to attracting an audience and monetizing your platform.

## **Utilizing Existing Skills and Knowledge for Extra Income**

Your existing professional skills and personal knowledge are valuable assets that can be leveraged to earn extra money while pregnant. Think about what you're good at and how you can offer that expertise to others.

## **Consulting Services**

If you have expertise in a specific industry, offering consulting services can be a lucrative option. Businesses or individuals may seek your advice and guidance on various matters. This can be done remotely through video calls and emails, providing flexibility. Your specialized knowledge is your product, and clients will pay for your insights.

## **Online Courses and Workshops**

Share your knowledge by creating and selling online courses or hosting workshops. Platforms like Teachable or Udemy make it easy to build and market your courses. This could be anything from teaching a new language, a software skill, or a crafting technique. Once created, these courses can provide passive income over time.

## **Bookkeeping and Accounting Services**

For those with a background in finance, offering bookkeeping or accounting services to small businesses is a practical way to earn. Many small businesses require assistance with their financial records and can benefit from remote support. This type of work often involves attention to detail and can be scheduled around your pregnancy needs.

## **Translation Services**

If you are fluent in multiple languages, translation services are in demand. Businesses, individuals, and organizations often need documents, websites, or audio translated. This can be done entirely remotely and offers flexibility in terms of project scope and deadlines.

## **Participating in the Gig Economy for Pregnant Earners**

The gig economy offers a wide array of flexible work opportunities that can be adapted to a pregnant individual's needs. These tasks often allow you to choose when and how much you work, making them ideal for managing energy levels and appointments.

### **Delivery Services (with caution)**

While some delivery services might be physically demanding, others, like grocery delivery or food delivery in less strenuous areas, could be manageable in the earlier stages of pregnancy. It's crucial to assess your physical condition and the demands of the specific service. Focus on services that allow you to control your hours and avoid peak rush times.

### **Task-Based Services**

Platforms that connect individuals with local tasks, such as TaskRabbit, can offer various opportunities. These might include assembling furniture, running errands, or even providing organizational help. You can select tasks that align with your physical capabilities and availability.

### **Ridesharing (with caution)**

Similar to delivery services, ridesharing might be an option, but it requires careful consideration of your comfort and safety. Some expectant mothers find it manageable, especially if they can set their own hours and avoid night shifts or busy periods. Always prioritize your well-being and consult with your doctor.

### **Focus Groups and Market Research**

Participating in paid focus groups and market research studies, both online and in-person (if

comfortable), can provide a quick influx of cash. These studies often explore consumer opinions on products and services and typically require a few hours of your time. Online options offer the most convenience during pregnancy.

## **Selling Unused Items for Immediate Cash**

A practical and often overlooked way to generate immediate income is by decluttering and selling items you no longer need. This not only frees up space but also provides a tangible financial benefit.

### **Clothing and Baby Gear Resale**

Pregnancy often brings a need for new clothing, and in turn, a good opportunity to clear out your existing wardrobe. Sell gently used maternity clothes, baby clothes, and gear that you no longer need. Online marketplaces, consignment shops, and dedicated baby resale stores are great avenues for this.

### **Electronics and Home Goods**

Old electronics, books, furniture, and home decor items can be sold online or through local classifieds. Take clear, appealing photos and write honest descriptions to attract buyers. This is a great way to declutter your home and convert unused items into cash.

## **Focusing on Health and Wellness to Support Earning**

While seeking ways to make extra money, it's paramount to prioritize your health and the well-being of your baby. Certain opportunities are specifically tailored to support this focus.

### **Maternity Product Testing**

Some companies are interested in paying pregnant individuals to test their new maternity products, such as clothing, skincare, or baby gear. This is a fantastic way to try out new items while earning money and providing valuable feedback. Keep an eye on brands that specialize in maternity and baby products.

### **Providing Online Support and Community for Expectant Mothers**

If you have a strong understanding of pregnancy and childbirth, you could offer online support or create a community forum for other expectant mothers. This might involve answering questions, sharing resources, or moderating discussions. Monetization can come from premium memberships or affiliate partnerships.

This journey through the various ways to make extra money while pregnant highlights the abundance of opportunities available. From flexible online work to leveraging your unique talents and decluttering your home, there are numerous paths to financial security during this special time. Remember to choose options that best suit your energy levels, comfort, and overall well-being, ensuring a positive and productive experience as you prepare for motherhood.

## **FAQ**

### **Q: What are the safest ways for a pregnant woman to make extra money?**

A: The safest ways generally involve working from home with minimal physical exertion and controllable hours. This includes freelance writing, virtual assistant services, online surveys, selling crafts online, and participating in online focus groups. Always listen to your body and avoid anything that feels physically strenuous or unsafe.

### **Q: How much can I realistically expect to earn from online surveys while pregnant?**

A: Earnings from online surveys vary greatly. Most reputable survey sites offer a few dollars per survey, and completing many of them can add up. It's unlikely to replace a full-time income, but it can provide a decent amount for supplementary spending money, perhaps \$50-\$200 per month depending on consistency and the platforms used.

### **Q: Is it possible to start a business while pregnant to make extra money?**

A: Absolutely. Many pregnant individuals successfully launch small businesses. The key is to choose a business model that aligns with your energy levels and allows for flexibility. E-commerce businesses, online service-based businesses (like coaching or consulting), and selling handmade goods are popular and manageable options.

### **Q: Can I still do freelance work if I experience fatigue during pregnancy?**

A: Yes, freelance work is often ideal for managing fatigue because you can usually set your own hours and work in shorter bursts. If you're experiencing significant fatigue, consider taking on fewer projects, breaking down tasks into smaller steps, or focusing on less demanding types of freelance work.

## **Q: Are there any government programs or grants available for pregnant individuals looking to supplement their income?**

A: While there aren't typically direct grants for "making extra money," government programs like WIC (Women, Infants, and Children) or TANF (Temporary Assistance for Needy Families) can provide financial and nutritional support during pregnancy and early parenthood. Exploring these resources is a good first step for financial assistance.

## **Q: What are some beginner-friendly ways to make money online while pregnant?**

A: Beginner-friendly options include taking online surveys, performing microtasks on platforms like Amazon Mechanical Turk, becoming a virtual assistant for simple administrative tasks, or testing websites and apps. These often require minimal specialized skills and can be learned quickly.

## **Q: How can I balance making extra money with the physical demands of pregnancy?**

A: Prioritization and self-care are crucial. Choose income-generating activities that you can do from home or with minimal physical strain. Set realistic goals, take frequent breaks, stay hydrated, and listen to your body. If you feel overwhelmed or too tired, it's okay to scale back your earning efforts.

## **Q: Can I sell products I create myself while pregnant?**

A: Yes, selling handmade products is a very popular and viable option. This could include knitted baby items, custom jewelry, artwork, baked goods (if local regulations allow), or digital products like printables. Online platforms such as Etsy, Shopify, or even social media can be used for sales.

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**ways to make extra money while pregnant: Introduction to Sports Journalism** Matthew H. Zimmerman, Lauren M. Burch, Brian Moritz, 2024-09-12 Sports journalism has seen massive upheaval in recent years. Today's 24/7 sports networks, streaming services, and social media platforms bring sports coverage and live events to consumers anytime, anywhere. But despite the increase in the number of media outlets and the speed by which news is delivered and consumed, the basic tenets of sports journalism remain, albeit with a few new wrinkles. Embracing this dynamic, Introduction to Sports Journalism provides students with the practical knowledge and tools to succeed in the evolving field of sports journalism. While other texts repeat the "sports journalism

is changing” refrain, *Introduction to Sports Journalism* sheds light on how and why it’s changing. Through these discussions students are challenged to formulate their own perspectives on contemporary sports journalism, journalistic expression, and how these concepts fit in today’s evolving media and societal landscapes. The text begins with an overview and history of sports journalism and traditional media. Also discussed is the impact of today’s nontraditional journalists: the bloggers and videographers outside traditional media channels. The core of the text then focuses on developing practical skills required to work in the sports journalism field, including knowing how and what to write to craft compelling stories. Much attention is paid to analytics, what they are, their variations across sports, and how to interpret and use them effectively. Also featured are digital media (blogs, podcasts, and social media platforms) and the technological tools used to create content. Sports journalism and public relations often overlap, and the text explains the nuances of the respective functions. Public relations tools such as media guides and game notes are presented, as well as a section on crisis communication. The pressure to “break the story” can tempt even the best journalist to plagiarize or fabricate stories or skip fact checks. The text covers journalism ethics and provides best practices for avoiding traps. Racial and gender bias and the importance of providing equitable coverage are also discussed. Additionally, legal issues such as copyright, privacy, discrimination, defamation, reporter’s privilege, and first amendment rights are addressed. The book concludes with a discussion of career paths and challenges facing the industry. The landscape is changing and, in response, the authors provide career advice for students entering the field. In the chapters you’ll find Industry Profile sidebars featuring interviews and conversations with practicing sports journalists. Also included are Time-Out activities throughout the chapters and end-of-chapter discussion questions, applied activities, and practical exercises, all designed to engage students more fully with the content and apply learning to real-life situations. *Introduction to Sports Journalism* provides a comprehensive overview of contemporary sports journalism—spanning all media platforms and sport organizations—to prepare students for a dynamic career in sports journalism.

**ways to make extra money while pregnant: 25 Things Every New Dad Should Know** Robert W. Sears, James M. Sears, 2017-09-12 Fatherhood doesn't come with instructions, but *25 Things Every New Dad Should Know* is here to give some peace of mind. Learn what to expect on the lead up to the final big day when fatherhood starts! A baby brings great joy to a new father, but also, perhaps, some uncertainty. Don't let these preliminary nerves get to you and dampen what will no doubt be one of the most joyful day of your life. *25 Things Every New Dad Should Know* provide information and encouragement to stave back the worry. A little fear is nothing to be ashamed of. For many men, fatherhood may seem like a new job for which they have had no training or experience. In these pages, pediatricians, and fathers themselves, Robert and James Sears offer reassuring, timeless advice to help new dads prepare for and embrace their important role. In an encouraging and light-hearted tone they highlight 25 important facets of becoming a dad and emphasize the rewards and pure joy that come with parenthood. This inspiring read is the perfect gift for any new or expectant father!

**ways to make extra money while pregnant: The Eventual Millionaire** Jaime Tardy, 2014-02-24 Become a millionaire by learning from millionaires *An Eventual Millionaire* is someone who knows they will be a millionaire, eventually. But they want to do it on their own terms—with an enjoyable life and an enjoyable business. Eventual Millionaires are everywhere, from the airplane pilot looking to start his own business for more freedom and money to a student looking to start her life on the right foot to a successful business owner needing inspiration and wondering how to take her business to the next level. There are many ways to become a millionaire, but research has often shown that creating your own business is one of the best ways to build wealth. *The Eventual Millionaire* will lay the foundation for those looking to start their own business and work their way toward financial independence and a fulfilled life. Contains the insights of more than 100 millionaires and their various experiences Written by Jaime Tardy, founder of [eventualmillionaire.com](http://eventualmillionaire.com) and a business coach for entrepreneurs A companion website includes an



Eventual Millionaire Starter Kit with worksheets, business plan documents, and much more We all want to be successful and enjoy financial security, but we might not know how or don't think we can do it. The Eventual Millionaire will show you what it takes.

**ways to make extra money while pregnant:** *Sex From Scratch* Sarah Mirk, 2021-11-09 Modern life calls for modern relationship advice. *Sex From Scratch* is a love and dating guidebook that gleans real-life knowledge from smart people in a variety of nontraditional relationships. Instead of telling people how to snag a man, seduce a woman, or find true love, the book sums up what dozens of diverse folks have learned the hard way over time. Sarah Mirk offers tips and stories from the steadfastly single to people making open relationships work, from people who've decided they're never going to have kids to parents who are consciously producing the next generation. No matter what type of relationship you're in or what type you want, Mirk's reporterly wisdom and sense of humor provides perspective, humor, and down to earth guidance. This is an essential, fun, insightful resource whose time has come. The 2nd edition contains a ton of new interviews and updates. Featured interviews include Betty Dodson, Michelle Tea, Aya de Leon, Tomas Moniz, Margaret Jacobsen, Ev'Yan Whitney, and more.

**ways to make extra money while pregnant: Promoting Resilience and Inspiration** Nelson Reynoso, 2025-02-17 This book details a study conducted at Bronx Community College of the City University of New York. The text combines insights from semi-structured interviews with Dominican-American students enrolled at the college, with autoethnographic reflection by the author, also a Dominican-American scholar. By investigating the stories of six individuals, who arrived in the US without any English proficiency, the book captures many of the financial, social, linguistic, environmental and cultural challenges faced by immigrants in the US. Focusing on how these three individuals developed resilience to these pressures however, the volume moves beyond a deficit understanding of the immigrant experience to highlight how individuals have drawn on personal, cultural, and social strengths to build resilience and achieve academic success. The stories provide a model of resilience for helping other community college students and in particular, students with an immigrant background to achieve academic success despite overwhelming odds.

**ways to make extra money while pregnant:** *Babycentre Pregnancy - from preconception to birth* DK, 2010-07-01 From preconception to birth - expert advice from the world's leading website for parents, Babycentre Produced with Babycentre - the world's leading parenting website - this up-to-the-minute guide to preconception, pregnancy, birth and the first few weeks with your baby, combines expert advice from health professionals with shared experience, suggestions and tips from parents, taken from the Babycentre online community. Information on what to expect at every stage of your pregnancy will help you make informed choices - from preconception to getting to know and look after your newborn. And a trimester-by-trimester guide tracks all the important milestones of pregnancy, covering antenatal care, maternal and foetal development. With top tips on practical care, understanding your emotions and a host of suggestions from other Babycentre mums who have been there too!

**ways to make extra money while pregnant:** *SINISTER BLUE* WALTER GANZER, 2010-05-19 A coming of age in the tradition of the nineteenth century with some twenty fifth century twists. Space travel and intrigue with a friendship building happy ending for most.

**ways to make extra money while pregnant:** *Father's First Steps* Robert W. Sears M. D., 2010-02 Just As a Baby Is Born, So Is a Father. A baby brings great joy to a new father, but also, perhaps, a bit of uncertainty. For many men, fatherhood may seem like a new job for which they have had no training or experience. In *Father's First Steps*, pediatricians and fathers Robert and James Sears offer reassuring, timeless advice to help dads-to-be prepare for and embrace their new role. With an encouraging, lighthearted tone, the Searses highlight 25 important facets of becoming a dad and emphasize the rewards and pure joy that come with parenthood. This inspiring read is the perfect gift for any new or expectant father!

**ways to make extra money while pregnant: Comeback Moms** Monica Samuels, J.C. Conklin, 2007-05-01 What happens when an educated professional wants to become a stay-at-home mom but

not end her career forever? Here is a book for the millions of moms who want to do what's best for their families and for themselves. Monica Samuels and J.C. Conklin show what to do when you're ready to leave work to be a full-time mother, how to maintain contacts while away from the job, and then how to execute a successful reentry into the workforce anywhere from one to twenty years after you've left. *Comeback Moms* is filled with anecdotes and advice from economists, career counselors, employers and, of course, mothers who have made the transition from the career track to the mommy track and back again. The authors distill the wisdom of the experts and many high profile women—including Ambassador Karen Hughes, Secretary of Education Margaret Spellings, and former Texas Governor Ann Richards—into a three-tiered battle plan to help any woman get through this life-changing process and come out ahead. “You can’t fall into the trap of thinking you have to do it all or can do it all. You have to take advantage of opportunities when they’re offered.” — Anne Richards, former Governor of Texas Millions of educated, professional women are quitting their jobs to stay home and raise their children. That would never be you, right? You worked hard for your degree and even harder to get to this point in your career. Quitting now, even for a few years, would kill your career. Right? That’s what Monica Samuels thought when she found out she was pregnant and boy, was she wrong. Once you have a baby, your life changes in ways you’d never imagine. Some of your friends and family members may think you’ve gone a little crazy—crazy enough to leave a salary and paid vacations to stay home with your child. Before you go storming into your boss’s office to announce your departure, read this book. There’s more to quitting than saying the words. There’s strategy involved. Over sixty percent of professional women who leave work to raise children want to go back into the workforce someday. If you even think you might want to go back to work, be it in one year or twenty, you need to lay the groundwork now for a successful reentry or your options will be limited. If you do a little planning, you can reposition yourself professionally and have the choice to one day get back on the same career track, shift gears, accelerate, or change careers entirely. And, if you’ve already been out of the workplace for several years and never thought you’d go back, you’ll learn about the best strategies and resources for jumping back in. *Comeback Moms* is a practical, commonsense approach to career planning for all mothers. Monica Samuels and J.C. Conklin examine every conceivable angle and obstacle to help you make the best decisions possible before leaving your job, during your time at home, and once you decide to return to work. They offer advice on how to keep one foot in the professional pool, when and if it’s best to go back to school, setting realistic expectations when re-entering an old career, helping your children adjust when you do go back, and on the logistics of rebalancing marital power when a spouse leaves or re-enters the work force. It's all here in an invaluable guide for every woman who wants it all.

**ways to make extra money while pregnant: Women’s Ways of Making** Maureen Daly Goggin, Shirley K Rose, 2021-04-21 *Women’s Ways of Making* draws attention to material practices—those that the hands perform—as three epistemologies—an episteme, a techne, and a phronesis—that together give pointed consideration to making as a rhetorical embodied endeavor. Combined, these epistemologies show that making is a form of knowing that (episteme), knowing how (techne), and wisdom-making (phronesis). Since the Enlightenment, embodied knowledge creation has been overlooked, ignored, or disparaged as inferior to other forms of expression or thinking that seem to leave the material world behind. Privileging the hand over the eye, as the work in this collection does, thus problematizes the way in which the eye has been co-opted by thinkers as the mind’s tool of investigation. Contributors to this volume argue that other senses—touch, taste, smell, hearing—are keys to knowing one’s materials. Only when all these ways of knowing are engaged can making be understood as a rhetorical practice. In *Women’s Ways of Making* contributors explore ideas of making that run the gamut from videos produced by beauty vloggers to zine production and art programs at women’s correctional facilities. Bringing together senior scholars, new voices, and a fresh take on material rhetoric, this book will be of interest to a broad range of readers in composition and rhetoric. Contributors: Angela Clark-Oates, Jane L. Donawerth, Amanda Ellis, Theresa M. Evans, Holly Fulton-Babick, Bre Garrett, Melissa Greene, Magdelyn

Hammong Helwig, Linda Hanson, Jackie Hoermann, Christine Martorana, Aurora Matzke, Jill McCracken, Karen S. Neubauer, Daneryl Nier-Weber, Sherry Rankins-Roberson, Kathleen J. Ryan, Rachael Ryerson, Andrea Severson, Lorin Shellenberger, Carey Smitherman-Clark, Emily Standridge, Charlese Trower, Christy I. Wenger, Hui Wu, Kathleen Blake Yancey

**ways to make extra money while pregnant: The Forgiving Wife** Abby,, 2020-08-18 How did the book, *The Forgiving Wife* come up? It was the year 2007 when the Holy Spirit prompt me to write about my story. At first, I was reluctant and pulled back, but the spirit of God kept pressing upon me. I finally decided to start jutting information here and there. As I started to gather more and more memories of my early marriage each day. I realized that I didn't have a name for the book. I then consulted God about giving me a name for the book. Within ten minutes of me asking, the Holy Spirit spoke quite clearly and said calmly, *The Forgiving Wife*. Not putting up a fight with what I heard and felt, I continued writing. As I gained confidence in writing my book, my marriage once again started to spiral downhill in 2011. I then started to doubt my book and asked what sense was it to continue? There was no way I could finish my book. How would I end it? Not sure of which way to steer my writing anymore, I was forced to stop writing. After taking another blow to my marriage in October of 2015. Two years later I finally realized that my battling marriage was far bigger than my husband and me. This was far beyond our intellect. I realized that we were not walking this road for ourselves but, for someone else. July 30th, 2017, I began to consolidate all of the writing pieces into chapters. After receiving approval from my husband to write about our personal, behind the scenes relationship. I then had a clearer understanding as to why I was writing this book in the first place. It was to help broken and hurting women out there. I wanted to let the world know that Jesus is still in the business of restoring, healing, changing and saving lives! I'm not asking you if Jesus can do it, I'm telling you that he can! I urge readers that if you don't have Jesus as the head of your marriage and home, get him because you will need him! Some battles you win and some you lose. Whatever the case may be, don't allow your marital issues cause you to become so disoriented that you want nothing to do with life anymore. Neither let them allow you to lose your integrity, your dignity, nor your identity! At the end of the day, both spouses must want the same thing. This book is intended to help both men and women. I explained in this book that fighting for your marriage is not an easy fight. As a matter of fact, in the book shows how difficult and discouraging it got for me at times. I talked about how I was at my lowest point. Where I felt like my breath was literally being snuffed away from me, but God! It talks about how I was so confused at times; I almost lost my mind. I do not suggest you stay in a marriage if the situation is life threatening. This book does not talk about having a perfect marriage. As a matter of fact, my book shows that my marriage is still far from perfect, we must learn to accept imperfections as well. You won't regret buying this book. The content is intriguing, the events are interesting and engaging. And the message is authentic!

**ways to make extra money while pregnant: The Teacher's Body** Diane P. Freedman, Martha Stoddard Holmes, 2012-02-01 These highly personal essays from a range of academic settings explore the palpable moments of discomfort, disempowerment, and/or enlightenment that emerge when we discard the fiction that the teacher has no body. Visible and/or invisible, the body can transform both the teacher's experience and classroom dynamics. When students think the teacher's body is clearly marked by ethnicity, race, disability, size, gender, sexuality, illness, age, pregnancy, class, linguistic and geographic origins, or some combination of these, both the mode and the content of education can change. Other, less visible aspects of a teacher's body, such as depression or a history of sexual assault, can have an equally powerful impact on how we teach and learn. The collection anatomizes these moments of embodied pedagogy as unexpected teaching opportunities and examines their apparent impact on teacher-student educational dynamics of power, authority, desire, friendship, open-mindedness, and resistance.

**ways to make extra money while pregnant: Mothering Magazine's Having a Baby, Naturally** Peggy O'Mara, 2007-11-01 For more than twenty-five years, *Mothering* magazine has captured an audience of educated women who appreciate its we'll inform, you choose approach to parenting. *Having a Baby, Naturally* reflects this spirit with straightforward, uncensored information

about pregnancy and childbirth, addressing common concerns and questions in a compassionate, nonjudgmental style. Written by Peggy O'Mara, the longtime publisher, editor, and owner of *Mothering* magazine, it synthesizes the best theories and safest practices used in natural childbirth, including recommendations from the World Health Organization, the American Academy of Pediatrics, and the American College of Obstetricians and Gynecologists. Throughout, O'Mara reinforces her belief that each woman's pregnancy and birth experience is a one-of-a-kind event. She covers such topics as: Nutrition, diet, and exercise Emotional self-awareness during and after pregnancy A trimester-by-trimester guide to what is happening in your body and your child's Birth choices -- offering suggestions, not rules Pain medication alternatives Birth locations, from hospitals to home birth Relieving morning sickness with natural remedies Prenatal testing Breastfeeding Prematurity and multiple births Balancing work and family The father's role during pregnancy and beyond Difficult subjects, such as birth defects, miscarriages, and postpartum depression, are also treated with sensitivity and candor. Finally, a book for the thinking woman who believes in her own inherent capacity to make smart, informed decisions about her pregnancy and birth, just as she makes in other areas of her life. *Having a Baby, Naturally* is a celebration of childbirth and an accurate and objective guide to helping women fortify their spirits, develop trust in their bodies, and make the best possible choices to protect their new baby's health.

**ways to make extra money while pregnant:** *Memory is our Home* Suzanna Eibuszyc, 2014-04-01 'Memory is Our Home' is a powerful biographical memoir based on the diaries of Roma Talasiewicz-Eibuszyc, who grew up in Warsaw before and during World War I and who, after escaping the atrocities of World War II, was able to survive in the vast territories of Soviet Russia and Uzbekistan. Translated by her own daughter, interweaving her own recollections as her family made a new life in the shadows of the Holocaust in Communist Poland after the war and into the late 1960s, this book is a rich, living document, a riveting account of a vibrant young woman's courage and endurance. A forty-year recollection of love and loss, of hopes and dreams for a better world, it provides richly-textured accounts of the physical and emotional lives of Jews in Warsaw and of survival during World War II throughout Russia. This book, narrated in a compelling, unique voice through two generations, is the proverbial candle needed to keep memory alive.

**ways to make extra money while pregnant:** *Working Mother*, 2000-06 The magazine that helps career moms balance their personal and professional lives.

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