home and away routines on phone

Mastering Your Digital Life: Home and Away Routines on Your Phone

home and away routines on phone are revolutionizing how we manage our daily lives, blending convenience with enhanced control. From automating smart home devices to streamlining personal organization, these digital strategies empower users to optimize their experiences whether they are present at home or on the go. This comprehensive guide delves into the multifaceted world of setting up and leveraging these routines, covering everything from initial setup to advanced customization for both personal and household management. We will explore how to integrate various apps and device functionalities to create seamless transitions between being at home and away, ensuring peace of mind and efficiency. Prepare to unlock the full potential of your smartphone in orchestrating your life, both within and beyond your four walls.

Understanding Home and Away Routines on Your Phone

Home and away routines on your phone represent a powerful set of automated actions triggered by your location or specific times. These routines are designed to simplify everyday tasks and enhance the security and efficiency of your living space. Essentially, they act as a digital assistant, anticipating your needs and executing predefined commands without manual intervention. The core concept revolves around geofencing or time-based triggers that inform your phone whether you are at home or have left, initiating corresponding actions.

The benefits of implementing these routines are manifold. For instance, when you leave home, an away routine can automatically arm your security system, turn off lights, and adjust the thermostat, saving energy and providing peace of mind. Conversely, a home routine can trigger when you arrive, turning on specific lights, unlocking smart locks, and playing your favorite music, creating a welcoming atmosphere. This level of automation not only saves time but also contributes to a more organized and secure environment, making your smartphone an indispensable tool for modern living.

Setting Up Basic Home and Away Routines

The foundation of effective home and away routines on your phone lies in their straightforward setup. Most modern smartphones, whether Android or iOS, offer built-in functionalities or integrate seamlessly with third-party applications to facilitate this. The initial step typically involves granting location permissions to the relevant apps, which is crucial for geofencing capabilities. This allows your phone to determine your proximity to your designated home location.

For many users, the built-in functionalities of virtual assistants like Google Assistant or Apple's Siri are the easiest entry point. These assistants allow you to create custom routines with simple voice commands or through their respective apps. For example, you can set up a "Leaving Home" routine that, when triggered, performs a series of actions. Similarly, a "Good Morning" routine can be configured to start automatically when your phone detects you are at home, perhaps at a specific time.

Geofencing for Location-Based Triggers

Geofencing is a key technology that underpins location-based home and away routines. It involves setting up a virtual perimeter around a specific geographic area, most commonly your home. When your phone crosses this virtual boundary, either entering or exiting, it triggers a predefined set of actions. This is far more sophisticated than simply relying on a timer, as it adapts to your actual movements and presence.

Setting up a geofence usually involves defining your home address within the chosen app or assistant. You can then specify a radius for the geofence, which determines how close your phone needs to be for the routine to activate. For instance, a wider radius might trigger your "away" routine as you drive out of your neighborhood, while a narrower one might wait until you are a few blocks away. This flexibility ensures that routines activate at the most relevant times.

Time-Based Triggers for Predictable Schedules

While location-based triggers are powerful, time-based triggers offer a complementary approach, especially for routines that follow a predictable daily schedule. These triggers allow you to initiate routines at specific times of the day, regardless of your location. This is particularly useful for tasks that need to happen at consistent intervals, like turning on outdoor lights at dusk or running a daily system check.

For example, you can set up a "Bedtime" routine that activates every night at 10:30 PM, dimming the lights, setting your alarm, and ensuring your phone is in Do Not Disturb mode. Conversely, a "Wake Up" routine could start your smart coffee maker and begin playing a news podcast as your alarm sounds. Combining time-based and location-based triggers can create even more sophisticated and personalized automation scenarios.

Advanced Customization for Home Routines

Once the basic home and away routines are established, users can delve into advanced customization to tailor their digital environment precisely to their needs. This involves layering multiple actions, integrating with a wider array of smart devices, and creating more nuanced triggers. The goal is to move beyond simple on/off commands to truly intelligent automation that anticipates and responds to your lifestyle.

Advanced customization allows for a much more personalized experience. For example, instead of just turning on all the lights when you arrive home, you could have a routine that only lights up the entryway and kitchen between sunset and sunrise, or only turns on specific mood lighting if your "relaxing" routine is activated. This level of detail transforms your phone from a simple controller into a sophisticated orchestrator of your home environment.

Personalizing Welcome Home Scenarios

The "Welcome Home" scenario is one of the most rewarding aspects of home automation. Advanced customization allows you to go beyond a basic light and temperature adjustment. Imagine arriving home to a perfectly set ambiance. This could involve specific lights turning on to a preferred brightness and color, your preferred playlist starting at a comfortable volume, and even your smart blinds adjusting to the optimal position based on the time of day and your location within the house.

To achieve this, you might create a routine that activates when your phone's geofence detects you are within a certain proximity of home. This routine could then trigger multiple devices simultaneously. For example, it could unlock your smart door lock, turn on the entryway light, set the thermostat to your preferred "home" temperature, and initiate a calming ambient playlist on your smart speaker. The key is to map out the sensory experience you desire upon arrival and translate those desires into a sequence of automated actions.

Setting Up Security and Monitoring Routines

Home security is a paramount concern for many, and phone-based routines offer powerful tools for enhancing it. Beyond simply arming a system, advanced routines can integrate various security devices to provide comprehensive monitoring and alerts. This can involve creating multiple layers of security protocols that activate under different circumstances.

For example, an advanced "Away Security" routine could do more than just arm your alarm. It could also:

- Lock all smart doors and windows.

- Turn off all non-essential lights and appliances to conserve energy and deter potential intruders.

- Lower the thermostat to an energy-saving setting.

- Activate motion sensors in designated areas.

- Set up security cameras to record activity and send alerts to your phone if motion is detected.

- Receive notifications if any smart smoke or carbon monoxide detectors are triggered.

These interconnected actions create a robust security posture that provides significant peace of mind when you are not physically present.

Optimizing Away Routines for Security and Convenience

Away routines are critical for ensuring your home remains secure and energy-efficient when you are not there. The power of these routines lies in their ability to automate tasks that you might otherwise forget, thus enhancing both security and convenience. By intelligently configuring these routines, you can gain peace of mind knowing your home is protected and optimized for resource conservation.

The primary focus of away routines is to create a sense of active security and responsible resource management. This involves ensuring that all potential entry points are secured, unnecessary appliances are powered down, and that your home environment is maintained in a safe and efficient manner. The smartphone acts as the central command for these automated processes, leveraging its connectivity to manage various smart devices and systems.

Automating Door Locks and Window Sensors

One of the most fundamental aspects of an away routine is ensuring all points of entry are secured. Modern smart locks can be integrated into these routines to automatically lock your doors when your phone detects you have left your home's geofence. This removes the possibility of accidentally leaving a door unlocked and provides an immediate layer of security.

Beyond just doors, smart window sensors can also be incorporated. If a window sensor is triggered while an "away" routine is active, your phone can receive an immediate alert. This notification can prompt you to check security camera footage or contact a neighbor, offering an extra layer of vigilance. The seamless integration of these security features provides a comprehensive approach to home protection.

Energy Conservation Through Smart Thermostat and Lighting Control

Away routines are also invaluable for energy conservation. When you leave home, there's no need for your heating or cooling system to run at full capacity, nor should lights be left on unnecessarily. By integrating your smart thermostat and smart lighting into your away routines, you can significantly reduce energy consumption and lower utility bills.

For instance, an away routine can be configured to adjust your smart thermostat to an energy-saving temperature setting. This might mean lowering the temperature in winter or raising it in summer when no one is home. Similarly, all connected smart lights can be automatically turned off. This not only saves electricity but also prolongs the life of your bulbs. The convenience of having these actions automated means you don't have to remember to do them manually, ensuring consistent energy savings.

Integrating Smart Home Devices with Phone Routines

The true power of home and away routines on your phone is unlocked when you integrate a variety of smart home devices. Your smartphone becomes the central hub, orchestrating a symphony of connected technologies to create truly automated and responsive living spaces. This integration transforms individual smart devices into a cohesive smart home ecosystem.

This seamless integration allows for complex sequences of actions that enhance convenience, security, and efficiency. By connecting your phone to smart locks, thermostats, lighting, security cameras, and even entertainment systems, you can create personalized routines that cater to your specific lifestyle and preferences, all managed from a single interface.

Connecting with Voice Assistants (Google Assistant, Alexa, Siri)

Voice assistants are often the gateway to integrating smart home devices with phone routines. Platforms like Google Assistant, Amazon Alexa, and Apple's Siri act as intermediaries, allowing you to link various smart devices and create routines that can be triggered by voice commands or location. These assistants have extensive compatibility with a wide range of smart home products.

Once your smart devices are connected to your chosen voice assistant platform, you can then use the assistant's app or settings to build routines. For example, you can tell Alexa, "Alexa, I'm leaving," and it can initiate your predefined away routine, which might include

locking the doors, turning off lights, and arming the security system. This voice command integration adds another layer of effortless control.

Creating Routines with Third-Party Smart Home Apps

Beyond the built-in functionalities of voice assistants, many smart home devices come with their own dedicated apps that offer robust routine creation capabilities. These apps often provide more granular control over individual devices and can sometimes integrate with other smart home platforms or IFTTT (If This Then That) services for even greater customization. These third-party apps allow for specialized control and unique automation sequences.

For instance, a smart lighting app might allow you to create a routine where lights dim gradually over a 30-minute period when you set your "winding down" routine. A smart thermostat app might offer advanced scheduling based on occupancy sensors. By understanding the capabilities of the apps associated with your smart devices, you can craft highly specific and effective home and away routines that maximize the functionality of your smart home setup.

Personal Productivity Routines on Your Phone

While home and away routines often focus on the physical environment, your smartphone is also an incredibly powerful tool for personal productivity. By creating specific routines, you can streamline your daily tasks, manage your time more effectively, and reduce mental clutter, whether you're at home or on the go.

These personal productivity routines leverage your phone's capabilities to automate tasks that often consume time and cognitive load. This can range from managing your calendar and to-do lists to curating your digital information flow. The goal is to make your phone an active partner in achieving your goals, rather than just a passive device.

Streamlining Morning and Evening Preparations

The transitions into and out of your day are critical for setting the tone for productivity and well-being. Home and away routines can significantly optimize these periods. A "Morning Prep" routine, for instance, can ensure you start your day efficiently and with less stress.

This routine might involve:

- Waking you up with a gentle alarm.

- Reading out your calendar appointments for the day.

- Providing a weather update.

- Starting your favorite news podcast or morning playlist.

- Even initiating a smart coffee maker if you have one connected.

Similarly, an "Evening Wind-Down" routine can help you transition into a state of rest. This could involve dimming lights, setting your phone to Do Not Disturb, reminding you of tomorrow's key tasks, and initiating a calming audiobook or meditation app.

Managing Notifications and Focus Modes

In today's hyper-connected world, managing notifications is a constant battle for focus. Phone routines offer a sophisticated way to control your digital environment, ensuring you receive important information without being constantly interrupted. Focus modes, available on most smartphones, are a prime example of this.

You can create custom focus modes that are activated automatically. For example, a "Work Focus" mode could silence all social media notifications while allowing calls from specific contacts or alerts from work-related apps. A "Driving Focus" mode can automatically silence most notifications and provide simplified caller ID for incoming calls. These routines are essential for maintaining concentration and reducing digital distractions, making your phone a tool for enhanced productivity rather than a source of constant interruption.

Troubleshooting Common Routine Issues

While home and away routines on your phone offer immense benefits, it's not uncommon to encounter occasional glitches or unexpected behavior. Understanding common issues and their solutions can help you maintain the seamless operation of your automated systems and ensure you get the most out of your digital routines.

Most problems with routines stem from configuration errors, connectivity issues, or permission settings. By systematically approaching troubleshooting, you can usually resolve most issues quickly and restore your routines to their intended functionality, ensuring that your smart home and personal productivity remain optimized.

Location Accuracy and Geofencing Problems

One of the most frequent issues encountered with location-based routines is inaccurate geofencing. This can happen due to various factors, including weak GPS signals, power-saving settings that limit background location tracking, or incorrect home address configurations. If your "away" routine is triggering too early or too late, or not at all, location accuracy is often the culprit.

To address this, ensure that your phone's location services are enabled and set to "high accuracy." Check the specific app or assistant's permissions to ensure it has continuous background location access. You might also try redefining your home location within the app, perhaps using a more precise address or even manually setting a pin on the map. Sometimes, simply restarting your phone can also resolve temporary GPS glitches.

Connectivity and Device Integration Failures

Another common hurdle is when smart devices fail to respond to routine commands. This is often a connectivity issue. Smart home devices rely on a stable Wi-Fi network, and if your router is experiencing problems or if a device is out of range, it won't receive the commands from your phone.

Start by checking your Wi-Fi connection. Ensure that both your phone and your smart devices are connected to the same network. Try restarting your router and modem. If individual devices are unresponsive, try rebooting them directly. Also, verify that the specific smart device integration within your phone's assistant or app is still active and hasn't been accidentally disconnected. Re-linking the device can often resolve these integration failures.

The Future of Mobile Routines

The evolution of home and away routines on your phone is far from over; in fact, it's rapidly expanding. As artificial intelligence and machine learning become more sophisticated, we can expect routines to become even more intuitive, predictive, and personalized. The boundaries between simple automation and true intelligent assistance are blurring, promising a future where our devices anticipate our needs with remarkable accuracy.

The trajectory of mobile routines points towards a future where our digital tools are not just responsive but proactive. This will lead to more integrated and effortless experiences, where technology seamlessly blends into the background of our lives, enhancing convenience and well-being without demanding constant user input. The potential for further innovation is vast, shaping how we interact with our homes, our work, and our digital lives.

Predictive Automation and AI Integration

The next frontier for mobile routines lies in predictive automation powered by artificial intelligence. Instead of relying solely on predefined triggers, AI will enable routines to learn your habits and preferences over time. Your phone will begin to anticipate your needs based on patterns, context, and even external factors like weather forecasts or your calendar events.

Imagine a routine that automatically adjusts your home's temperature not just based on whether you're home or away, but on your typical arrival time, the predicted temperature outside, and your historical energy usage. Or a work routine that proactively suggests silencing non-urgent notifications when it detects you've entered a known work environment and your calendar is clear. This level of AI integration will make routines feel less like programmed commands and more like an intelligent, adaptive companion.

Enhanced Cross-Platform and Device Interoperability

A significant area for future development is enhanced interoperability between different platforms and devices. Currently, creating complex routines often requires sticking within a specific ecosystem (e.g., all Apple devices or all Google devices). The future will likely see more seamless integration across brands and operating systems, breaking down these silos.

Standards like Matter are paving the way for a more unified smart home experience, allowing devices from different manufacturers to communicate and work together more effectively. This increased interoperability will enable users to create even more powerful and comprehensive routines that span a wider range of devices and services, regardless of brand. This will ultimately lead to a more user-friendly and efficient smart home ecosystem, making the management of home and away routines on your phone simpler and more potent than ever before.

Q: How do I set up location-based routines on my phone?

A: To set up location-based routines, ensure location services are enabled on your phone and grant the necessary permissions to your chosen assistant app (like Google Assistant or Siri) or smart home app. Then, define your home location and specify a radius. Next, create a "Home" routine that triggers when you enter this radius and an "Away" routine that triggers when you leave. You can then add specific actions like turning on/off lights, adjusting the thermostat, or locking doors within these routines.

Q: Can I set up routines that only work at specific times, regardless of my location?

A: Yes, absolutely. Most virtual assistants and smart home apps allow you to create time-based routines. These routines will execute at the scheduled time regardless of whether you are home or away. This is ideal for tasks like daily wake-up alarms, evening wind-down sequences, or outdoor lighting schedules.

Q: What happens if my phone's battery dies while an away routine is active?

A: If your phone's battery dies, any active routines that are solely controlled by your phone will cease to function. However, if your away routine has successfully communicated with and activated smart home devices (like smart locks or thermostats), those devices will likely maintain their last state until they receive a new command or your phone is back online. It's advisable to have backup manual controls for essential functions.

Q: How can I ensure my home security routines are reliable when I'm away?

A: For reliable home security routines, ensure your Wi-Fi network is stable and that your smart security devices (cameras, sensors, locks) have a strong connection. Regularly test your routines to confirm they are activating as expected. Consider devices that have battery backup in case of power outages and ensure your phone is charged or has power-saving modes configured to allow essential background location services.

Q: Can I use home and away routines to manage my smart lighting for energy savings?

A: Yes, managing smart lighting for energy savings is one of the most common and effective uses of home and away routines. You can set up an "Away" routine to automatically turn off all lights when you leave home and a "Home" routine to turn on specific lights upon your arrival. You can also schedule lights to turn on and off at certain times to simulate occupancy when you are away for extended periods, enhancing security.

Q: How can I integrate my smart thermostat into my home and away routines?

A: To integrate your smart thermostat, ensure it is connected to your Wi-Fi network and linked to your virtual assistant or smart home app. Within your routines, you can add actions to adjust the thermostat's temperature setting. For example, your "Away" routine can set the thermostat to an energy-saving temperature, and your "Home" routine can return it to your preferred comfort level as you approach.

Q: What are some examples of personal productivity routines I can set up on my phone?

A: Personal productivity routines can include a "Morning Routine" that reads your schedule, provides a weather update, and plays a news podcast. A "Work Focus" routine could silence all non-essential notifications. An "Evening Routine" might dim lights, set your phone to Do Not Disturb, and play a relaxing playlist. You can also create routines for commuting that set your navigation app and queue up your favorite music or podcasts.

Q: How do I troubleshoot a routine that isn't triggering?

A: If a routine isn't triggering, first check if location services are enabled and if the app has the correct permissions. Verify that your Wi-Fi connection is stable for both your phone and the devices involved. Ensure the routine is correctly configured with the right triggers and actions. Restarting your phone and the specific smart device can also often resolve the issue. Finally, check for any app updates for your assistant or smart home devices.

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home and away routines on phone: My Smart Home for Seniors Michael R. Miller, 2017-06-19 Winner, Bronze Award, APEX 2018 and 2018 INDIES Book of the Year Honorable Mention/Health This full-color introduction to the smart home has been written from the ground up with one audience in mind: seniors. No ordinary beginner's book, My Smart Home for Seniors approaches every topic from a 50+ person's point of view, using meaningful, realistic examples. Full-color, step-by-step tasks–in legible print–walk you through making your home safer and easier to live in using smart technology. Learn how to: • Control your home's lighting with smart bulbs and switches • Make your home more secure with smart doorbells, door locks, and security cameras • Automatically control your home's temperature with a smart thermostat • Make cooking and cleaning easier with smart appliances • Use voice commands or your smart phone to control your smart devices • Use If This Then That (IFTTT) to make your smart devices interact with each other automatically • Get smart about the security and privacy concerns of smart devices • Set up your smart devices and get them to work with one another • Compare and select the best smart hub for your smart home needs • Learn to use Amazon AlexaTM, Google HomeTM and other voice-activated devices, as well as Apple's HomeKitTM on the iPhone, to make your smart devices work together

home and away routines on phone: 100 Top Tips – Create Your Smart Home to Stay Safe and Save Money Nick Vandome, 2020-03-31 Homes that contain devices that can be controlled by smart speakers, voice commands and apps are becoming a reality for an increasing number of people. What was once the stuff of science fiction is now firmly established as part of the real world and is easily accessible for anyone who wants to add an exciting new dimension to their home. 100 Top Tips – Create Your Smart Home to Stay Safe and Save Money contains tips covering all aspects of setting up and using smart home devices securely. These include: · Setting up your home so that it is ready to be transformed into a smart home · Ensuring that your home is flexible enough so that you have alternatives if smart devices do not work properly · Using smart speakers (digital voice assistants) to create a digital companion in your home · Linking smart speakers to your smart home devices so that they can communicate with each other · Deploying smart lighting to take the ultimate control over the lighting systems in your home · Installing smart heating to control your central heating and save money · Making your home more secure with a range of smart security devices · Cutting down the time spent on domestic chores by using devices such as robotic lawnmowers and robotic vacuum cleaners · Enhancing entertainment options with robots and artificial intelligence (AI) devices · Addressing security issues with smart home devices, to prevent other people gaining access to your smart home

home and away routines on phone: Women Lifers Meredith Huey Dye, Ronald H. Aday, 2019-06-08 The number of women in United States prisons has increased dramatically since the 1980s, and has in proportion outpaced that of men's incarceration. Despite these numbers, incarcerated women, and women lifers specifically, represent a relatively small percentage of the overall correctional and lifer populations. As such, women lifers are easy to overlook, discount, and diminish as such a small group. Many women lifers perceive themselves as a forgotten group; most often those whom we "lock up" and "throw away the key". They feel excluded from prison programming within and from their own families outside. They feel stigmatized by staff and other women in prison. Aging fast, many have real fears about declining health and losing family members over lengthy stretches of time. However, women lifers are some of the most resilient and strongest women who survive life in prison with the support of each other and religious faith, often transforming themselves in the process of doing time. While most of the women had extensive histories of trauma, abuse, and mental health issues, few had prior experience as offenders. Despite the term "lifer", many of these women will be released from prison after serving long sentences. Beyond this basic profile, there is much more to learn and share about the lives of women lifers. Focusing on women's pathways into prison, the ways they cope with life behind bars, and their diverse reentry needs, Meredith Dye and Ronald Aday give voice to women lifers and place their experiences within the larger context of penal harm policies. The authors look at their physical and mental health, family connections, adjustment to prison, prison supports and activities, and experiences with abuse/trauma; while also looking at the growing public and policy concerns over mass incarceration in general. Women Lifers provides insight into the lives of incarcerated women before, during, and following a life sentence, especially the population of those serving life sentences. With the growing numbers of women lifers in the United States, the authors emphasize the importance for the public and policymakers to understand the unique circumstances that brought these women to prison, the policies that keep them there, and the major challenges they face in carving out a successful life in prison and beyond.

home and away routines on phone: Amazon Alexa Vijay Kumar Yadav , 2023-05-02 Alexa makes your life easier, more meaningful, and more fun by letting you voice control your world. Alexa can help you get more out of the things you already love and discover new possibilities you've never imagined. This is Alexa for everyone. Making Alexa part of your day is as simple as asking a question. Alexa can play your favorite song, read the latest headlines, dim the lights in your living room, and more. Basically, Alexa wants to make your life easier, more meaningful, and more fun by helping you voice control your world—both at home and on the go. Alexa-enabled devices are simple to set up and use. The Amazon Alexa app is a quick, easy way to try Alexa on your phone, as well as set up and manage compatible devices. Stay connected and maximize your enjoyment with Alexa. In this book, Amazon Alexa, you see – Alexa Profiles, Alexa Smart Home, Alexa News, Alexa Information, Shopping with Alexa, Alexa Skills, Alexa Productivity, Alexa Entertainment, Alexa Communication, Talking with Alexa, Alexa Settings, Alexa Accessibility, Amazon Photos with Alexa, and Alexa in Education. Amazon Alexa, this is very easy eBook. You can understand easily. This eBook is for everyone.

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ethnography about Japan outside of Japan--specifically, how Japanese families on corporate reassignment in the United States recreate their homeland within domestic spaces.

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home and away routines on phone: Ageing in a Nursing Home Rosalie Hudson, 2022-04-19 Spending the final chapter of your life in a nursing home is considered, by many, a fate worse than death. Others, however, have found that through enlightened, imaginative care even the frailest of lives can flourish. The key to such a transformation is to replace the constricting custodial centres of the past with a more informed, research-based approach. This book is timely, responding to evidence of the urgent need for change described in the Australian Royal Commission into Aged Care Quality and Safety Final Report: Care, Dignity and Respect and its predecessor subtitled Neglect. In this book, the author proposes a model of care that places the whole person at its centre, sidestepping

the constraints of a reductionist funding model that focusses on residents' deficits – and the proprietor's financial gain. Aged care requires a comprehensive research-based guide to fulfil this aim. Narratives are included throughout the book to reinforce the fact that nursing home care is about individual residents and their unique lives. Topics explored in various chapters include: · Ageing in a Changing Community · Social, Gerontological Care · A Palliative Approach · Community Expectations Ageing in a Nursing Home: Foundations for Care takes a realistic approach that draws on contemporary research and narratives from the unique lives of older Australians who, despite their frailty, teach us how to care. Such knowledge informs and influences their future. The book is a resource intended for all who have a stake in the provision of best practice residential aged care, and all who benefit from such care. Its academic appeal will include those who design and teach courses in aged care: gerontology, general practice medicine, nursing, attendant care, allied health, and chaplaincy. Academics and teachers will find useful, well-referenced material for their courses, together with ample scope for researchers.

home and away routines on phone: Drive Tourism Bruce Prideaux, Dean Carson, 2010-11-03 Since the post World War Two boom in private automobile ownership, Drive Tourism has transformed the tourism landscape by facilitating dispersal and the growth of attractions and tourism related infrastructure beyond the zones that had previously emerged around seaports and railway terminals. The automobile has made regional dispersal possible and created opportunities for many small rural communities to supplement rural economies with a tourism economy. Drive Tourism is a popular form of tourism activity that has significantly contributed to the development of Tourism in many nations, but has received relatively little attention in the literature. This book is the first attempt to provide a global comprehensive review and scholarly investigation into this popular and growing form of tourism. It draws on a vast range of geographical locations to critically explore the impacts of drive tourism in developed and underdeveloped regions. It evaluates tourism authorities' response to the Drive Tourism Experience, and offers operational insights into the management of the drive experience as well as providing original empirical research and insights into the field that will contribute to future investigation. In doing so it explores the many forms of drive tourism from caravanning to fly drive touring.

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home and away routines on phone: Sustain Your Game Alan Stein, Jon Sternfeld, 2022-04-12 The Sports Librarian's Best of 2022 – Sports Books Sustain Your Game is built upon a simple premise: each of us will always be under construction, a work in progress, and constantly evolving. The goal is to be moving toward our highest potential, toward making a meaningful contribution, and toward becoming the best version of ourselves. Based on his years as a successful basketball performance coach—having worked with and alongside superstars like Steph Curry, Kevin Durant, and Kobe Bryant—and a keynote speaker to major companies like Pepsi and Amex, Alan Stein Jr. brings you the keys to lasting, unimaginable success. The secret? Sustain Your Game teaches a timeline of short term to medium term to long term because we are always battling all three: stress in the now, stagnation in the present, and burnout in the long term. Part I—PERFORM is about managing stress in the day-to-day (short term) Part II—PIVOT is about avoiding stagnation in your current situation (medium term) Part III—PREVAIL is about beating burnout and making a lasting impact (long term) This book is for high performers who want to learn practical strategies and action steps on how to sustain their game across all three timelines. It assembles invaluable advice and lessons from successful athletes, entrepreneurs, social scientists, journalists, CEOs, motivational speakers, business coaches, and consultants, as well as Alan's own personal stories.

home and away routines on phone: Closer to You than Ever Before Danette Wall, 2017-01-24 Closer to You than Ever Before by Danette Wall Thirty-year-old Skyy Thomas has three special dreams that she desperately wants to come true. The first goal is to open her own daycare center; the second goal is to have a Safe House for homeless and abused children; and last, but not least, the most challenging of them all, is to convince her best friend and lover to forget about the past and look forward to their future together after she intended to propose to him. Three years later, Skyy is working her butt off making her dreams a reality. One morning, she gets up out of bed with a smile on her face, the first in a very long time. Rushing out of her house and running to the driveway, where her blue Jeep is parked, Skyy unlocks the car to get in. After pulling out, Skyy remembers that she received a text message last night. While reading the message, she begins to hyperventilate and what she reads almost causes her to have a car accident with the car directly in front of her. When she finally arrives at work that morning, her hands are shaking so badly that she can barely turn the

darn Jeep off. But before exiting the Jeep, Skyy contemplates returning the text message or placing a phone call.

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home and away routines on phone: Elle & Coach Stefany Shaheen, 2015-08-25 NEW YORK TIMES Bestseller This book will inspire and encourage countless parents and children around the country. I loved it.---Hillary Rodham Clinton Elle & Coach is the true story of a Type-A mom struggling to care for a daughter who has Type 1 diabetes and of the incredible service dog who changes their lives for the better. Stefany Shaheen tries everything to manage her daughter Elle's deadly and unpredictable disease. Overcoming the skepticism that a dog can provide answers that medical science is still seeking, the family finds a resounding sense of peace and reassurance through Coach's near miraculous abilities as a medic-alert dog, specially trained to detect dangerous changes in blood sugar levels.

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